ORIGINAL ARTICLE

# Preparation and characterization of azithromycin nanodrug using solvent/antisolvent method

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Received: 12 August 2013/Accepted: 18 February 2014/Published online: 15 March 2014 © The Author(s) 2014. This article is published with open access at Springerlink.com

Abstract Nanoparticles of azithromycin are prepared using solvent/antisolvent precipitation method. The solubility of drug in water and the oral bioavailability are increased with decreasing particle size. The effect of type and concentration of surfactant and feed drug concentration are evaluated on the precipitated particle size. The nanoazithromycin in range 200-400 nm is obtained by the addition of absolute ethanol as solvent, water as antisolvent in presence of Tween<sup>®</sup> 80 as surfactant. The prepared nanoparticles are characterized by infra-red spectra, particle size distribution, scanning electron microscopy, X-ray diffraction and differential scanning calorimetry. The chemical structure of nanosized azithromycin does not show any change but the crystallinity reduces in comparison with raw drug. Dissolution of azithromycin nanoparticles in purified water and buffer phosphate (pH of 6.0) is 2.93 and 3.36, respectively, times of raw drug in 30 min.

Keywords Azithromycin  $\cdot$  Nanoparticles  $\cdot$  Antisolvent  $\cdot$  Bioavailability  $\cdot$  Tween<sup>®</sup> 80

#### Introduction

In the manufacture of pharmaceutical compounds, crystallization is a critical unit operation. So, it is often a key isolation step or a purification process in the synthesis of an active pharmaceutical ingredient (API). Crystallization of an API sometime is critical for product qualities such as chemical purity and correct polymorphic form, which need

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Faculty of Applied Chemistry, Malek-ashtar University of Technology, Shahin-Shahr, Iran e-mail: HR\_POURETEDAL@mut-es.ac.ir to be strictly controlled to meet set specifications [1]. Optimization of the crystallization process for an API is important not only for the key product requirements mentioned above but also for process efficiency. The API crystallization process shows a significant effect on downstream processing. For example, excess fines or wide particle size distribution may cause slow filtration and inefficient drying, which may be a major bottleneck of the entire manufacturing process. It is often necessary to modify the crystallization process to control particle properties to facilitate downstream operations [2]. Thus, to control the particle size and particle size distribution (PSD) and to improve the stability, it is necessary to increase the nucleation rate, inhibit the particle growth, and control the agglomeration of particles by steric or electrostatic stabilization [3-6]. Two main steps in the process of particle formation are the mixing of the solution and antisolvent streams to generate supersaturation and the precipitation of the particles, leading to two main time scales, the mixing time and the precipitation or induction time [7-9].

If the supersaturation attained is high and is realized over a very short period of time, then the metastable region is crossed quickly, the process of nucleation dominates the crystallization process [10] and a large number of nuclei are formed, resulting in the precipitation of ultrafine particles. Physical properties such as particle size, crystal habit, and surface properties are important aspects of API product quality and must be considered with great care and attention during the development of an API crystallization process [11]. The effort of modifying a crystallization process to effect changes in the physical properties of crystals is often called particle engineering [12]. For insoluble or dissolution-limited drug substances, small particle size is necessary to maximize surface area to enhance bioavailability [13]. According to Noyes–Whitney



equation, the dissolution rate is proportional to the surface area exposed to the dissolution medium [14]. The crystallization process is a very important stage in production of active pharmaceutical ingredients. There are many different crystallization methods including cooling crystallization-based method [15, 16], supercritical fluid-based methods [17–19], precipitation-based methods [20–22], and microemulsion techniques [23, 24] and cooling crystallization is a commonly used method that often requires heating the system to higher temperatures to dissolve all the crystals. However, as some pharmaceutical compounds are heat sensitive, elevated temperatures can lead to decomposition of the compound, resulting in failed batches. Antisolvent crystallization is usually used for heatsensitive compounds and for compounds in which there are insignificant changes in solubility with temperature [25]. This method requires adding a poor solvent (antisolvent) to the solution in which the solute is dissolved in, forming a supersaturated solution that results in the crystallization of the compound in nanosized form [26, 27]. Many new drugs are poorly water soluble and their dissolution rates can be improved by decreasing particle size [28]. Decreasing the size increases the surface area, which results in an increase in the rate of dissolution of these drugs in aqueous media such as body fluids [29]. Azithromycin is absorbed rapidly after oral administration with a bioavailability of about 36 %. It has a variable effect with food. It is also as a poorly water-soluble drug. To obtain a good solubility for azithromycin, we must decrease its particle size.

In recent years, an area that is gaining popularity with formulation scientists for developing a viable dosage form for poorly soluble compounds that are moderately potent is to develop a formulation incorporating drug nanoparticles, usually <1  $\mu$ m in diameter. For example, when the particle size of the drug is reduced from 8  $\mu$ m to 200 nm there is a 40-fold increase in the surface area to volume ratio [20–24].

# Materials and methods

#### Materials

The used chemicals were with analytical grade and highest purity. Azithromycin (Fig. 1) dehydrate (SANDOZ Pharmaceutical Co., PVP K30, Povidone K30, BASF Germany), hydroxypropyl methyl cellulose (ALDRICH 42,321-1, HPMC), polyvinyl acetate (ALDRICH 38,793-2, PVAc), methyl cellulose (ALDRICH 18,804-2, MC), hydroxypropyl methyl cellulose phthalate (ALDRICH 43,520-1, HPMC-P), ethanol absolute GR for analysis, polyvinyl alcohol 72000 for synthesis (PVA), sodium lauryl sulfate (Ph. Eur., SLS), Tween<sup>®</sup> 80 (Ph. Eur. JP, NF, polysorbate), triton<sup>®</sup> X-100 GR, polyethylene glycol 400



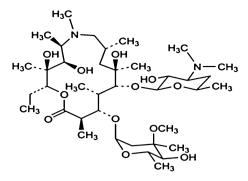


Fig. 1 Azithromycin structure

for synthesis (PEG 400) were used in this work. The Purified water was used to prepare aqueous solutions and was obtained by a suitable process. It was prepared from water complying with the US Environmental Protection Agency, with conductivity  $<1.0 \ \mu$ s/cm Pharm. USP.

Preparation of azithromycin nanoparticles

Azithromycin nanoparticles were produced by antisolvent precipitation method. The ethanol absolute was used as water miscible solvent. The supersaturation solution (0.556 g/ml) of azithromycin in ethanol was then filtrated through a 0.4 µm nylon filter membrane to remove solid impurities to obtain a clear azithromycin solution. The obtained drug solution was then injected with a rate of 100 µl/s into the water containing the Tween<sup>®</sup> 80 stabilizer (4.5 mg/ml) under stirring at 2,500 rpm. Precipitation of solid drug particles was formed immediately upon mixing at ambient temperature. The obtained suspension was centrifuged at 15,300 rpm for 30 min and the removed nanoparticles were washed twice with purified water to remove both the ethanol and Tween<sup>®</sup> 80. The effect of other stabilizers such as HPMC, HPMC-P, SLS, PVA, MC, PVAc, Triton<sup>®</sup> X-100, PVP K30 and PEG 400 on the distribution of nanoparticles size of azithromycin was also studied.

#### Water content test

Many pharmaceutical compounds either are hydrates or contain water in adsorbed form. As a result, determination of the water content is important in demonstrating compliance with the pharmaceutical standards. A sample (500 mg) was used as water determent sample. It was titrated with Karl Fischer pyridine free reagent (according to USP 34, method I  $\langle 921 \rangle$ ).

## Particle size measurement

After the preparation of azithromycin nanoparticles by antisolvent precipitation method, size of the prepared drug particles was measured immediately after precipitation by dynamic laser light scattering (Nano-particle size analyzer, Malvern). Before this measurement, the drug suspension was diluted by purified water to 0.2 mg/ml.

## IR spectra

Shimadzu IR-470 spectrometer was used to record the IR spectrum of the drugs from 400 to 4,000 cm<sup>-1</sup>. The samples were diluted with KBr mixing powder at 1 % (w/w) and pressed to obtain self-supporting disks.

## DSC analysis

Differential scanning calorimetry (DSC) was conducted on DSC 131 SETARAM. The samples were equilibrated at 20 °C for 30 min. Indium standard was used to calibrate the DSC temperature and enthalpy scale. The samples (0.1 g) in hermetically sealed aluminum pans were heated at a temperature range of 20–500 °C at 3 °C/min. Inert atmosphere was maintained by purging nitrogen at the flow rate of 15.8 ml/min, linear velocity 35 cm/s and pressure 24.6 kPa.

#### Scanning electron microscopy (SEM)

The surface morphologies of the nanosized azithromycin were observed by scanning electron microscopy (SEM-AIS-2100) with an accelerating voltage of approximate 1.5–20 kV. Gold coating was performed to prevent charge-up of sample for 35 s.

## Dissolution rate test

Dissolution rate tests were carried out by the USP 34 method, apparatus type I (Basket) (Pharma test, as a dissolution tester). The basket speed and bath temperature were set at 100 rpm and 37.0  $\pm$  0.5 °C, respectively. A 250 mg of azithromycin reference standard and nanosized azithromycin powder were, respectively, added into different vessels containing 900 ml of purified water. This test was repeated with phosphate buffer (pH = 6.0) and compared obtained results with purified water drug solubility. In the intervals of 5, 10, 20, 30, 60, 120 min, 2.0 ml aliquot samples was taken and transferred to a 25-ml volumetric flask and then diluted with mobile phase to volume and filtered through 0.45 µm syringe filter. Then, 4.0 ml of this solution was transferred to a second 25-ml volumetric flask and diluted with mobile phase to volume. The concentration of the samples was assayed by a HPLC system (Waters-Alliance 2690, USA) at 210 nm (USP 34).

Nano-azithromycin purity test (assay)

The solution A was a mixture 60:40 of acetonitrile:dipotassium hydrogen phosphate (6.7 g/l and pH 8.0). To prepare test solution, 53.0 mg of the substance was dissolved in 2 ml of acetonitrile and diluted to 100.0 ml with solution A. Reference solution was prepared by dissolving 53.0 mg of standard azithromycin in 2 ml of acetonitrile and diluted to 100.0 ml with solution A.

The system requirements of test are as follows, flow rate of 1.0 ml/min, column size 4.6 mm  $\times$  25 cm, 5  $\mu$ m octadecylsilyl vinyl polymer, column temperature 40 °C, detection system of spectrophotometer at 210 nm, injection volume of 10 µl and run time of 1.5 times the retention time of azithromycin. For analysis of impurity substances, a mixture solvent of ammonium dihydrogen phosphate (pH = 10):acetonitrile:methanol with ratio 3.5:3.0:3.5 was prepared. To prepare a test solution, 0.200 g of the nano-azithromycin was dissolved in 25.0 ml of the solvent mixture. The conditions of analysis are as follows: 4.6 mm  $\times$  25 cm column, temperature 60 °C, mobile phase A; 1.80 g/l solution of buffer phosphate adjusted to pH 8.9, mobile phase B; methanol:acetonitrile (250:750 V/V), flow rate 1.0 ml/min, detection spectrophotometer at 210 nm and injection volume 50 µl. Acceptance criteria's for this analysis is as follows: impurity B must be <2.0 %; impurities A, C, E, F, G, H, I, L, M, N, O, P must be <0.5 %; sum of impurities D and J must be <0.5 %; any other impurities for each impurity must be <0.2 % and total impurities must be <3.0 %. All obtained results are cited in Table 5.

#### Stability test

According to ICH and WHO guidelines "Stability testing of new drug substances and products" [Q1A (R2)] and "Impurities in new drug substances" [Q3A (R2)] and stability conditions for WHO member states by region, Iran is in zone III a hot and dry place. For samples stored at room temperature, we must place nano-azithromycin in a relevant tight container at  $30 \pm 2$  °C and RH (Relative Humidity) of  $65 \pm 5$  % for 12 months [7, 30]. At this work, we use RU MED-Germany stability chamber. About 100 g of nanosized sample was placed in a relevant tight container and then monitored at 30 °C and 65 % of RH for long-term analysis (12 month). According to the WHO guideline, the stability results are failing if the significant change is a 5 % or more in the assay from its initial content of API.



#### **Results and discussion**

## Effect of stabilizer

Azithromycin nanoparticles were prepared by the solvent– antisolvent precipitation method. The injection of the drug solution to the antisolvent of water generates high supersaturation. At these conditions, the nucleation rate is fast and produces a large number of nuclei, which reduces the solute mass for subsequent growth. Nanoparticles are formed while the growth of nucleating crystals is arrested by the stabilizer (surfactant or polymer) through steric or electrostatic mechanism [31]. For many hydrophobic drugs, water is commonly used as the antisolvent. In terms of the solvent, it is beneficial if it can solubilize the drug in large amount and possesses a fast diffusion rate in antisolvent of water. While the stabilizer needs to have good

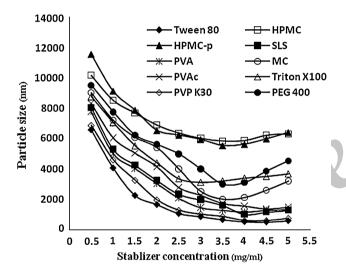


Fig. 2 Influence of type and concentration of stabilizer on particle size distribution

affinity for drug particles and possess a fast diffusion rate and effective adsorption onto the drug particles surface in solvent/antisolvent mixture. Therefore, solvent–stabilizer pair is crucial to obtain nanoparticles. Preparation of drug nanoparticles usually requires a careful selection of stabilizers. In our experiments, ten stabilizers including HPMC, HPMC-P, SLS, Tween<sup>®</sup> 80, PVA, MC, PVAc, Triton<sup>®</sup> X-100, PVP K30 and PEG 400 were evaluated. The effects of stabilizers at a concentration range of 0.5–5.0 %w/v are studied on precipitated azithromycin particles size and particles size distribution. The obtained results are shown in Fig. 2 and sited in Table 1. As seen, in the presence of Tween<sup>®</sup> 80 as stabilizer, the distribution of nanoparticles size is obtained at a range of 200–450 nm (Fig. 3).

Characterization of nano-azithromycin

Raw azithromycin and precipitated nanoparticles with principal peaks at wavenumbers 1721, 1188 and  $1052 \text{ cm}^{-1}$  exhibits same IR spectrum as shown in Fig. 4, which demonstrates that the chemical structure of the drug does not change with decreasing of particles size in solvent/ antisolvent method.

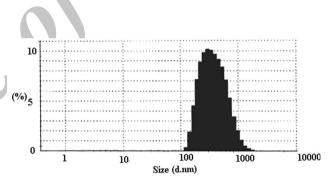
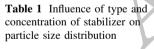


Fig. 3 Nano-azithromycin particle size distribution in 4.5 mg/ml tween 80 concentration

Concentration (mg/ml)	Particle size distribution (PSD) (nm)									
	HPMC	HPMC- P	SLS	PVA	PVAc	PVP K30	Triton <sup>®</sup> X100	Tween <sup>®</sup> 80	MC	PEG 400
0.5	10,162	11,521	8,021	7,758	8,305	6,860	8,752	6,566	9,011	9,500
1.0	8,526	9,105	5,281	5,008	6,045	4,602	7,056	4,060	7,210	7,758
1.5	7,690	7,856	4,240	4,027	5,036	3,250	5,525	2,252	6,088	6,230
2.0	6,895	6,522	3,225	3,030	4,138	1,952	4,410	1,651	5,400	5,621
2.5	6,365	6,220	2,324	2,060	2,769	1,265	3,358	1,058	3,984	4,989
3.0	6,023	5,935	1,955	1,445	2,260	1,005	3,126	856	2,511	4,002
3.5	5,852	5,528	1,590	1,273	1,722	855	3,222	657	2,005	3,012
4.0	5,885	5,621	1,002	1,159	1,550	589	3,410	525	2,115	3,121
4.5	6,231	5,978	1,152	1,265	1,368	586	3,518	504	2,599	3,882
5.0	6,322	6,399	1,263	1,328	1,471	729	3,688	586	3,200	4,550



The physical state of raw azithromycin and drug nanoparticles is examined by DSC and their thermograms are shown in Fig. 5. Raw azithromycin exhibits a melting point at 114.760  $\pm$  0.095 °C, with fusion enthalpy of 68.496  $\pm$  0.088 J/g. The melting point and fusion enthalpy of prepared nanoparticles were 100.238  $\pm$  0.085 °C and 35.126  $\pm$  0.150 J/g, respectively. The decrease in thermal properties shows the decrease in crystallinity in nanoparticles. The DSC analysis of raw and nanoparticles in 3 days shows the reproducibility of the results (Table 2).

The stability test shows that the prepared nanosuspension is stable for at least 6 h. The SEM image and the particle size distribution of the azithromycin nanoparticles, were obtained from freshly formed nanosuspension, are shown in Fig. 6a. The morphology of azithromycin

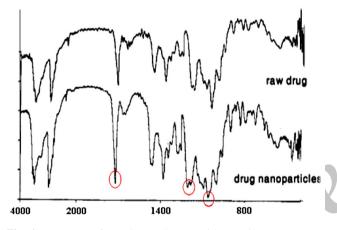


Fig. 4 IR spectra of raw drug and nano-azithromycin

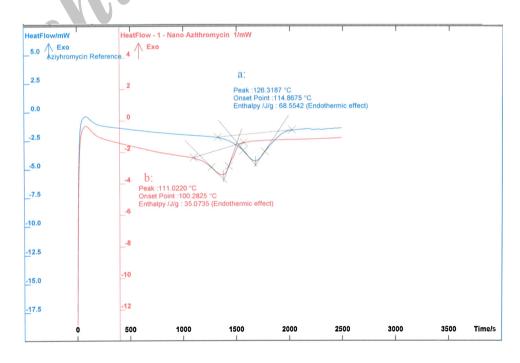
Fig. 5 DSC spectrum of a raw drug and b nano-azithromycin

The sample X-ray diffraction pattern in Fig. 7 shows that the main peak is occurred in  $2\theta$  about 10° and other important peaks appear at  $2\theta$  about 6, 9.5, 12, 15.5, 16.5, 17.5 and 18.8°. The obtained XRD pattern is same with XRD pattern of azithromycin dehydrate in the European Patent application EPO 984020A2 [32].

The mass spectra of nano-azithromycin are shown in Fig. 8, which are same with that of raw azithromycin [33]. The mass peaks with M/z of 374.1, 375, 749, 750 and 751 reconfirm the molecular structure of nanosized azithromycin.

 Table 2 DSC results of standard azithromycin and nano-azithromycin in 3 days

No.	Reference melting point (°C)	Reference enthalpy (J/g)	Nano- azithromycin melting point (°C)	Nano- azithromycin enthalpy (J/g)
1	114.868	68.554	100.283	35.074
2	114.611	68.413	100.314	35.199
3	114.802	68.522	100.119	35.107
Average	114.760	68.496	100.239	35.127
SD	0.109	0.061	0.086	0.053
RSD (%)	0.095	0.088	0.085	0.151





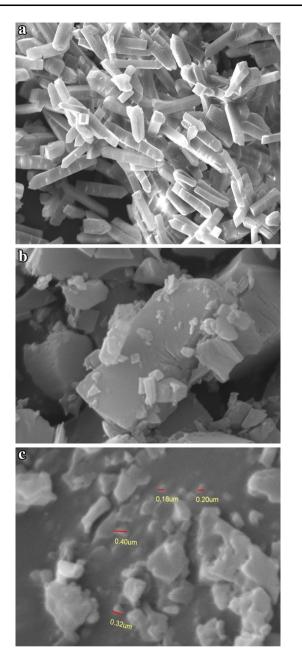


Fig. 6 SEM images of  $\mathbf{a}$  raw drug and nano-azithromycin with magnification of  $\mathbf{b}$  10,000 and  $\mathbf{c}$  30,000

#### Assay

Azithromycin is in three crystallization forms, anhydrous form with water content <2.0 %, monohydrate with water content between 2.0 and 4.0 % and dihydrate form with exact water content 4.0–5.0 %. The prepared nanoparticles show 4.614  $\pm$  0.025 % of water and thus it is a dihydrate form of azithromycin.

The purity of precipitated nanoparticles was calculated from British Pharmacopoeia (BP 2010) sixth edition and show that the precipitated nanoparticles are of highest



purity. Obtained HPLC spectra for standard azithromycin and precipitated nano-azithromycin show the retention time of 6.2 min. Analysis of azithromycin nanoparticles shows that the individual related substances are <0.1 % and its total impurities are <0.3 % (BP 2010). Thus, the obtained purity of precipitated nanoparticles was 99.58  $\pm$  0.73 %. All the results from this calculation are sited in Table 3.

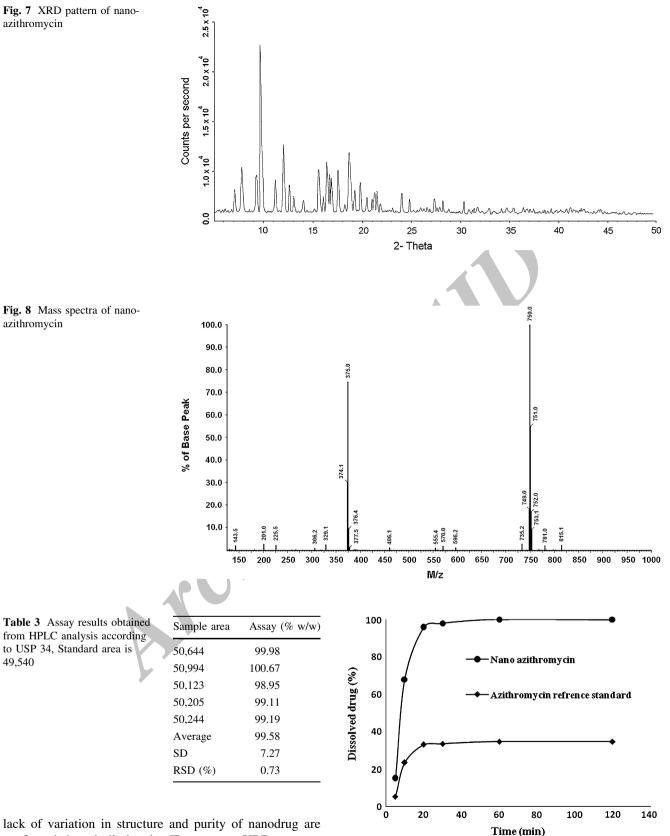
Azithromycin, as a kind of hydrophobic drug, has a low bioavailability of about 37 % due to its low dissolution rate. Dissolution profiles of raw azithromycin and precipitated nanoparticles at room temperature are illustrated in Fig. 9. The dissolution rate of azithromycin nanoparticles is  $3.36 \pm 0.01$  times that of raw drugs (Table 4). According to Noyes–Whitney equation [34], the solid dissolution rate is directly proportional to its surface area exposed to the dissolution medium. The accelerated dissolution for azithromycin nanoparticles is mainly ascribed to their greater surface area in comparison with raw drug. The dissolution results in purified water and in buffer phosphate of pH 6.0 are 2.93 and 3.36 times, respectively, faster than raw drug in first 30 min. After that, the dissolution has no significant difference from raw drug.

The precipitated nanoparticles after its initial tests as mentioned above are placed in a relevant tight container for 12 months in RU MED chamber at a temperature of 30 °C and RH of 65 %. The powder appearance and physical attributes, assay, impurities, pH and water content are checked periodically. This analysis was repeated three times for each test. The obtained results are sited in Table 5. The obtained results show that there is no significant change on appearance and physical attributes, also the assay and impurity results show the maximum 3.4 % decrease in the assay from initial potency. Moreover, obtained results indicate the impurity B is <1.1 %; impurities A, C, E, F, G, H, I, L, M, N, O, P <0.2 %; sum of impurities D and J are <0.3 %; any other impurities for each impurity are <0.2 % and total impurities are <1.8 %. However, increasing impurities during stability conditions is due to the increase of pH to 10.7 and water content to 4.8 %. The stability results show that the precipitated nanoazithromycin powder is a stable active pharmaceutical ingredient.

## Conclusion

The solvent/antisolvent precipitation method can be used to prepare of azithromycin nanoparticles. The ethanol solvent used to prepare supersaturation solution of drug and Tween<sup>®</sup> 80 as a stabilizer used to control of particle size distribution of nanodrug. Azithromycin nanoparticles show dissolution rate in water as 3.36 times of raw drug. The

Fig. 7 XRD pattern of nanoazithromycin



confirmed by similarity in IR spectra, XRD pattern, MS spectra and retention time in HPLC of raw and

49,540

Fig. 9 Dissolution profile of raw drug and nano-azithromycin



 Table 4
 The results of

 dissolution test of raw and nano
 azithromycin in purified water

 and GI solution
 Solution

Raw azithromycin in purified water (%)	RSD (%)	Nano- azithromycin in purified water (%)	RSD (%)	Raw azithromycin in GI solution (%)	RSD (%)	Nano- azithromycin in GI solution (%)	RSD (%)
10.0	0.82	15.0	1.12	11.5	0.69	27.8	1.01
12.5	1.02	59.0	0.85	42.9	1.33	72.4	0.55
19.8	0.61	76.6	0.88	70.2	1.02	91.0	0.95
24.9	0.77	82.9	0.14	79.8	0.96	96.9	0.66
29.3	0.23	87.5	0.29	83.3	0.20	99.4	0.04
29.8	0.30	87.2	0.66	83.5	0.91	100.0	0.41

GI Gastrointestinal

**Table 5** Stability test results of nano-azithromycin that are placed ina relevant tight container for 12 months in RU MED chamber at30 °C and 65 % RH condition

Impurity type	Mean: impurity (% w/w)	RSD (%)
Impurity B	1.1	0.02
Impurities A, C, E, F, G, H, I, L, M, N, O, P	0.2	0.05
Sum of impurities D and J	0.3	0.10
Any other impurities	0.2	0.02
Total impurities	1.8	0.12

nano-azithromycin. The obtained particle size distribution shows that the precipitated nano-azithromycin has a particle size of about 200–450 nm.

Acknowledgments I would like to thank the research committee of Islamic Azad University, Shahreza Branch and M. Sc. M. Mansori for supporting this work.

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