

# Indomethacin Electrospun Nanofibers for Colonic Drug Delivery: Preparation and Characterization

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## ABSTRACT

**Purpose:** The objective of this study was to prepare a suitable form of nanofiber for indomethacin using polymers Eudragit RS100 (ERS) and Eudragit S100 (ES) and to evaluate the effect of some variables on the characteristics of resulted electrospun nanofibers. **Methods:** Electrospinning process was used for preparation of nanofibers. Different solutions of combinations of ERS, ES and indomethacin in various solvents and different ratios were prepared. The spinning solutions were loaded in 10 mL syringes. The feeding rate was fixed by a syringe pump at 2.0 mL/h and a high voltage supply at range 10-18 kV was applied for electrospinning. Electrospun nanofibers were collected and evaluated by scanning electron microscopy, differential scanning calorimetry and FTIR for possible interaction between materials used in nanofibers. The effect of solvent and viscosity on the characteristics of nanofibers also was investigated. **Results:** Fiber formation was successful using a solvent ethanol and mixture of ERS and ES. Increase in viscosity of ethanolic solutions of ERS followed by addition of ES in the solution led to preparation of smooth fibers with larger diameters and less amounts of beads. DSC analysis of fibers certified that indomethacin is evenly distributed in the nanofibers in an amorphous state. FTIR analysis did not indicate significant interaction between drug and polymer. **Conclusion:** It was shown that drug-loaded ERS and ES nanofibers could be prepared by exact selection of range of variables such as type of solvent, drug: polymer ratio and solution viscosity and the optimized formulations could be useful for colonic drug delivery.

## Introduction

In recent years, drug delivery to colon has gathered a lot of attentions both from pharmaceutical industry and academia. Colonic drug delivery is significantly important not just for the delivery of protein and peptide drugs but also for treatment of diseases associated with colon such as colon cancer, ulcerative Colitis and diarrhea. Colon is believed to be suitable adsorption site especially for poorly absorbed drugs mostly because of its long retention.<sup>1</sup>

Different colon targeted drug delivery systems have been tried where pH, time, pressure dependent and microbially triggered systems are the primary approaches for colon drug delivery.<sup>2,3</sup> Recent researches are mainly based on the combination of two or even more colon-targeted drug delivery methods. This methodology decreases the effect of physiological changes of gastrointestinal tract and thus facilitates the prediction of drug releasing process in different conditions.

Apart from large diversity in colonic drug delivery systems, nanofibers containing drugs have been less considered in colon-targeted delivery systems. Various approaches can be used for preparation of nanofibers.

Electrospinning is one of the most reliable techniques for nanofiber formation. In this method an electrical charge is applied to draw very fine fiber in nanoscale from a liquid. These electrospun fibers have a high surface to volume ratio which makes them promising candidate in adsorption of less-soluble drugs.<sup>4,6</sup> Electrospinning is mostly applied in tissue engineering,<sup>7</sup> implant materials, wound dressing, prosthesis<sup>8</sup> and drug delivery.<sup>9</sup>

Different parameters significantly affect the process namely: molecular weight, solution characteristics (viscosity, surface tension and conductivity), electric potential, concentration, distance between the capillary and collector screen, temperature, humidity and air velocity in the chamber.<sup>10</sup>

A lot of researches have revealed that indomethacin can be effective in colon cancer treatment. However, indomethacin as a non-steroidal anti-inflammatory drug (NSAIDs) has a lot of adverse effects on gastrointestinal tract. Therefore this drug was chosen in colon-targeted drug delivery process. On the other hand, indomethacin is a less soluble drug which makes that a promising candidate for electrospun nanofibers.

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The objective of this study was to evaluate the effect of two factors (ratio of Eudragit S100: Eudragit RS100 and ratio of drug: polymer) on morphological characteristics of indomethacin nanofibers and optimize formulation variables such as viscosity of electrospinning solutions and type of solvents in order to obtain the best colonic drug delivery system for indomethacin.

## Materials and Methods

### Materials

Indomethacin (Darupakhsh Pharmaceutical manufacturing company, Tehran, Iran), Eudragit S100 (ES) and Eudragit RS100 (ERS) (Rohm Pharma, GmbH, Germany), sodium chloride and potassium dihydrogen phosphate (Merck, Germany) were obtained from the indicated sources.

### Preparation of Electrospinning Solutions

25% (w/v) solution of Eudragit RS and 15% (w/v) dispersion of drug were prepared in water. Then electrospinning solution with proportion of 1:1(v/v) for drug and polymer was made. The same work was carried out by ethanol as the solvent. On the other hand, 25% (w/v) solutions of polymethacrylates (ERS and ES) and 15% (w/v) solution of drug were prepared in ethanol as a good solvent. The ratios of ES: ERS were 30:70, 50:50 and 70:30. Then electrospinning solution with ratio of 1:1(v/v) for drug and polymers was made. Further formulations with The ratios of 20:80, 80:20 and 100:0 for ES: ERS and the electrospinning solution with ratios of drug: polymer at range 1:1, 1.5:1, 2:1, and 2.5:1(v/v) were also prepared. Finally, regarding the characteristics and reproducibility of preliminary formulations the least and most levels were considered to design a series of runs according to a 3<sup>2</sup> full factorial design. The ratio of drug to polymer and ES: ERS was considered as the independent variables. Table 1 summarizes the independent variables. The resulted formulations of factorial design are listed in Table 2.

**Table 1.** Experimental design: factors and responses

Independent variables	-1	0	+1
X <sub>1</sub> : Ratio of Eudragit S100: RS100	20:80	60:40	100:0
X <sub>2</sub> : Drug:polymer ratio	1:1	1.5:1	2:1

### Electrospinning Process

The spinning solutions were loaded in 10 mL syringes. The feeding rate was controlled by a syringe pump (Cole-Pham®, USA) and was fixed at 2.0 mL/h. A high voltage supply fixed at 10-18 kV was applied, and a piece of aluminum foil was used to collect the ultrafine fibers with a horizontal distance of 15 cm from the needle tip. Electrospun nanofibers were collected and stored in desiccator for more studies.

**Table 2.** Composition of experimental formulations (runs)

Formulation	X <sub>1</sub>	X <sub>2</sub>
F1	-1	-1
F2	-1	0
F3	-1	+1
F4	0	-1
F5	0	0
F6	0	+1
F7	+1	-1
F8	+1	0
F9	+1	+1

### Scanning Electron Microscopy

The surface morphologies of electrospun fibers were assessed using a LEO - rp-1455 scanning electron microscope (SEM). Prior to the examination, the samples were silver sputter-coated under argon to render them electrically conductive. The pictures were then taken at an excitation voltage of 15 kV.

### Differential Scanning Calorimetry

DSC analyses were carried out using a Mettler-MS603s differential scanning calorimeter. Sealed samples were heated at 30 °C/min from 20 to 280 °C.

### Fourier Transformed Infrared Spectroscopy

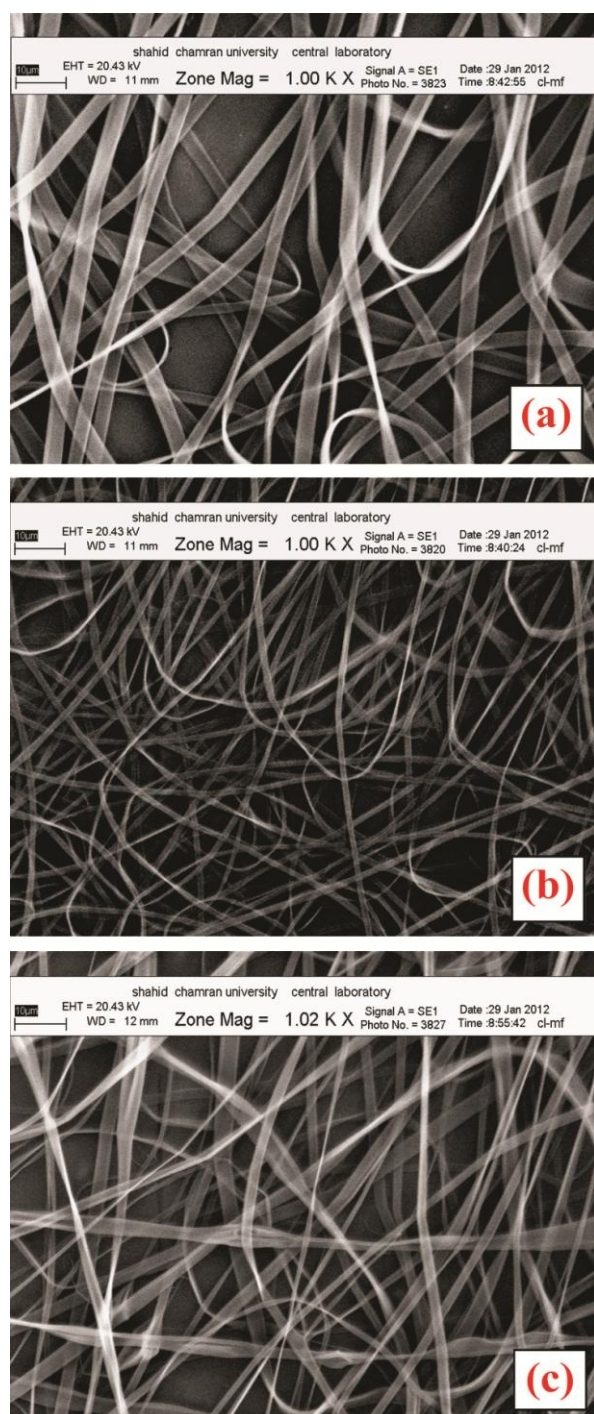
FTIR was conducted using a Nicolet-Nexus 670 FTIR spectrometer. The samples were prepared using the KBr disk method (2 mg sample in 200 mg KBr) and the scanning range was 500–4000 cm<sup>-1</sup> with a resolution of 2 cm<sup>-1</sup>.

## Results and Discussion

### Preparations of Drug-Loaded Nanofibers

Suitable selection of solvent is one of the most important factors for successful preparation of electrospun polymer nanofibers.<sup>11-13</sup> The solvent should be able to dissolve the drug easily as well as maintaining electrospinnability of polymer solutions. Eudragit RS100 could be electrospun into fibers when methanol or ethanol was used as the solvent.<sup>14</sup> In our study, ERS aqueous solutions were unspinnable. Only discrete droplets were observed when they were subjected to the electrospinning process.

Nanofibers from ERS in ethanol showed discrete beads and/or beaded fibers when the viscosity of the solution was low. The formation of half-hollowed beads was thought to be a result of the evaporation of the solvent from the beads. Further increase in solution viscosity by addition of ES resulted in the formation of smooth fibers with larger diameters (Figure 1).



**Figure 1.** SEM images of formulations with ES: ERS in the ratios of : (a) 30:70, (b) 50:50 and (c) 70:30 (magnification  $\times 1000$ ).

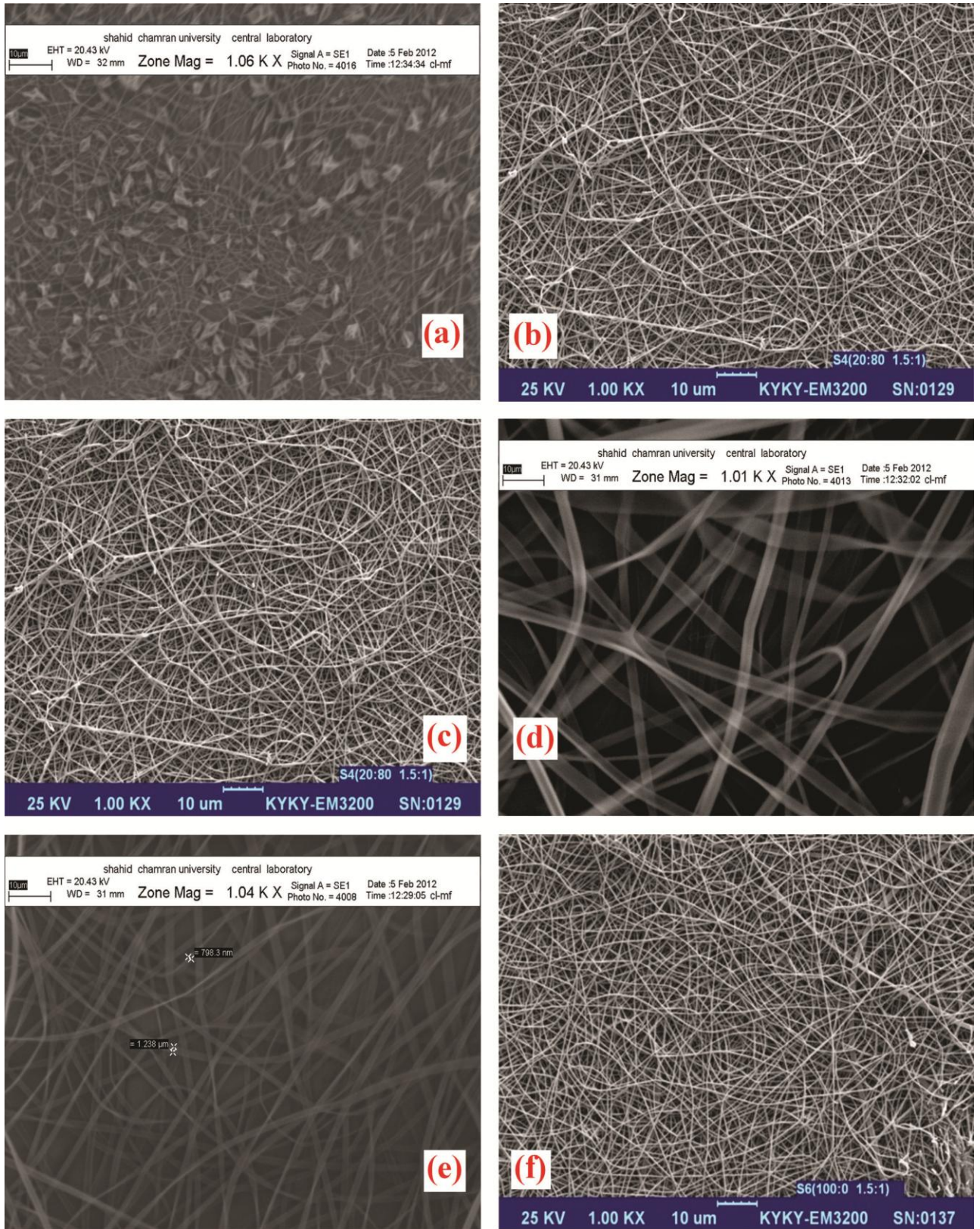
SEM images of drug loaded nanofibers with different amounts of indomethacin and various ratios of ES: ERS asserted that nanofiber formation is just possible with ratios of drug: polymer in ranges 1:1, 1.5:1 and 2:1 and ratio of 2.5:1 did not form suitable nanofiber in all ratios of polymers. Also, nanofiber formation in formulations with drug: polymer ratios of 2:1 and 1.5:1 was only occurred when the ratio of ES: ERS was in range 20:80 and 100:0. This result could be to the decrease in viscosity of electrospinning solutions affected by increase in amount of drug which in

consequence disrupted nanofiber formation process. SEM images of drug loaded nanofibers are presented in Figure 2. Solution viscosity plays an important role in determining the fiber size and morphology during spinning of polymeric fibers. When the solution viscosity decreases surface tension has the overcoming influence on fiber morphology with the final results of decrease in fiber diameters and bead formation. Correlation between the polymer viscosity and/or concentration and fibers formed from electrospinning has been surveyed in a number of studies.<sup>15-19</sup> Chowdhury et al. investigated the effect of experimental parameters such as polymer concentration, viscosity and surface tension on the morphology of electrospun Nylon 6 fibers. They found that increase in the concentration and viscosity and lowering surface tension manages to formation of the uniform nanofibers.<sup>20</sup>

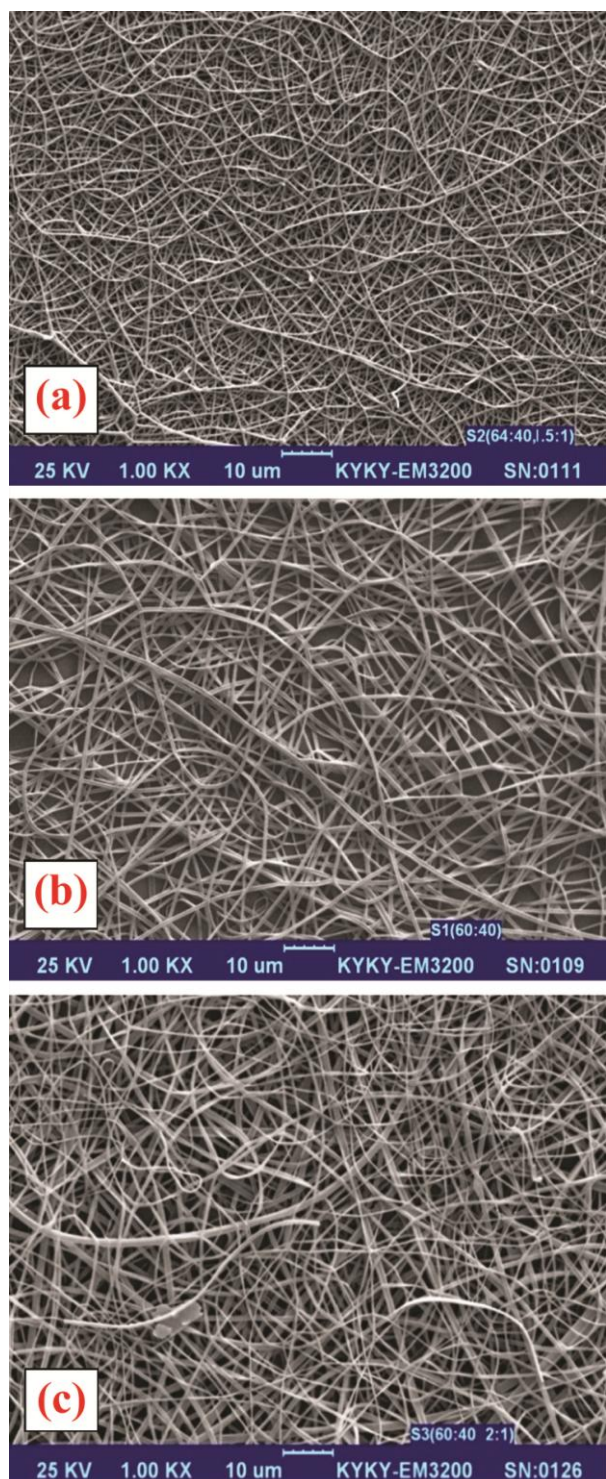
Finally, according to preformulation studies ratios of 1:1, 1.5:1 and 2:1 for drug: polymer and 20:80, 60:40 and 100:0 for ES: ERS were selected to design 9 formulations based on full factorial design. Figure 3 shows SEM images of formulations containing ES: ERS at the ratio 60:40 ES: ERS and drug: polymer at ranges 1:1, 1.5:1 and 2:1. Comparing SEM Figures 2 and 3 it can be seen that addition of ES could lead to the formation of smooth fibers with larger diameters and low beads which could be illustrated by increase in viscosity of electrospinning solutions.

#### *Physical State of Components in the Nanofibers*

DSC thermograms of drug and Eudragits are shown in Figure 4. The DSC curve of pure indomethacin indicated a single endothermic response corresponding to a melting point of 179 °C (Figure 4a). The composed of pure ERS exhibited a single endothermic response in 115 °C, suggesting that Eudragit RS is in amorphous state (Figure 4b). On the other hand, ES showed a single endothermic response in 142 °C (Figure 4c). Figure 5 illustrates thermograms of formulations resulted from factorial design. According to Figure 5, all formulations exhibited a broadband wide endotherm ranging from 190 to 240 °C which could be due to polymer melting. In addition, melting point peak of indomethacin was removed in all formulation and it may be caused by the presence of Eudragits that resulted in a loss of crystalline content of indomethacin. The presence of an endothermic peak at 60°C in some formulations (F1, F3, F4 and F5) could be due to lowering of  $T_g$  of Eudragits by addition of drug to the formulation composition. This phenomenon was more obvious in formulations containing Eudragit RS. Plasticizing effect of NSAIDs and increase in macromolecular mobilities of polymeric chains due to presence of these drugs has been previously demonstrated.<sup>21,22</sup> DSC studies demonstrated that distribution of drug molecules in the nanofiber structure was occurred with change in state of drug from crystallinity to amorph status.



**Figure 2.** SEM images of formulations; range of ES:ERS and drug:polymer was (a) 20:80 and 1:1, (b) 20:80 and 1.5:1, (c) 20:80 and 2:1, (d) 80:20 and 1:1, (e) 100:0 and 1:1, (f) 100:0 and 1.5:1.

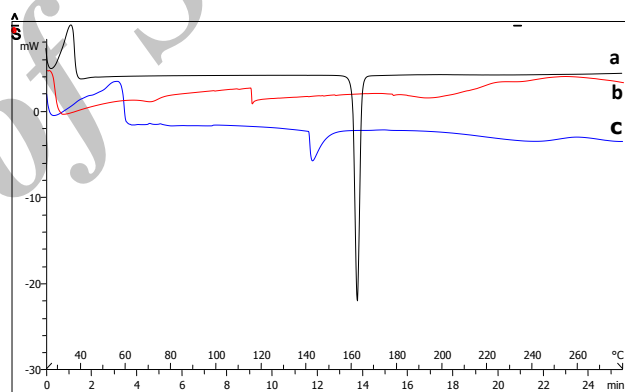


**Figure 3.** SEM images of formulations with ES:ERS in the ratio of 60:40 and different ratios of drug: polymer; (a) 1:1 ratio, (b) 1.5:1 ratio, and (c) 2:1 ratio.

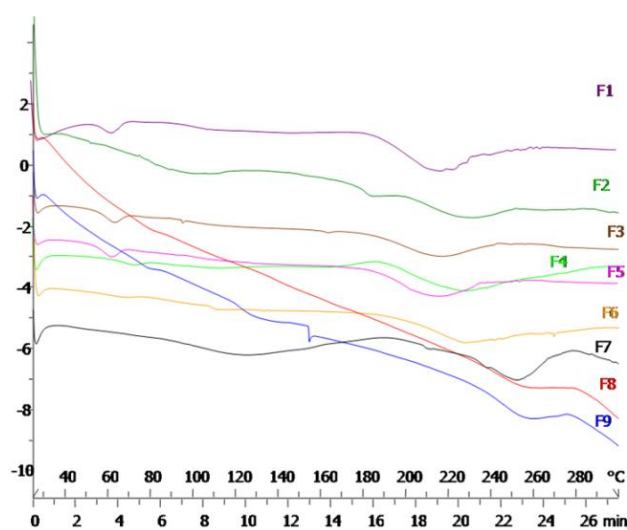
#### Compatibility of Nanofiber Components

FTIR spectra of drug, polymers and formulation F1 was shown in Figure 6. Accordingly, the spectrum of indomethacin showed bands characteristic of secondary carbonyl groups (C=O) at  $1714\text{ cm}^{-1}$ , (C=O amid) in  $1690\text{ cm}^{-1}$ , phenyl groups (C=C stretch vibration) at  $1523\text{ cm}^{-1}$  and (O-H stretch vibration) at  $3022\text{ cm}^{-1}$ .

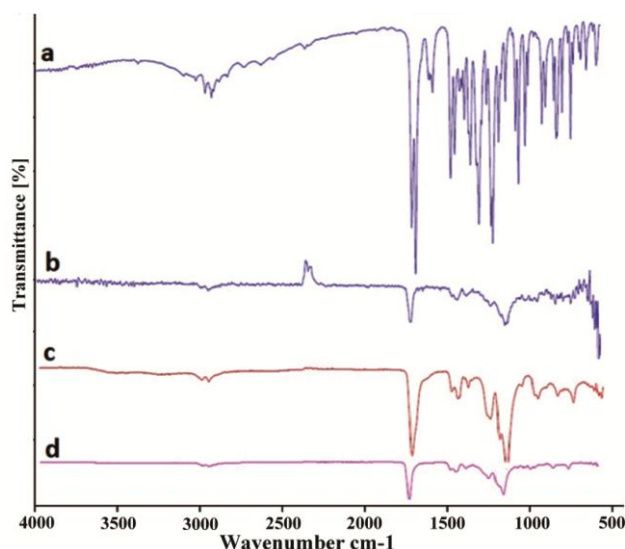
The spectrum of ERS had a broad band characteristic of groups carbonyl (C=O) at  $1723\text{ cm}^{-1}$ , and ester linkages (C-O stretch vibration) at  $1149\text{ cm}^{-1}$ . The spectrum of ES showed a broad band characteristic of carbonyl groups (C=O) at  $1727\text{ cm}^{-1}$ , characteristic bands of hydroxyl groups (C-H stretch vibration) at  $2957\text{ cm}^{-1}$ . Two other spectra at  $1152$  and  $3087\text{ cm}^{-1}$  were also indicative of C-O and O-H stretch vibration, respectively. FTIR of formulation F1 exhibited the same spectra which in result there would be no significant shift in spectra and interactions between drug and polymer was not seen. Interaction between ionizable drugs and eudragits was investigated in some researchs. For example Heun et al. found interactions between drugs and Eudragits RL/RS resins in aqueous environment.<sup>23</sup> Also in the other study ionic interaction between propranolol hydrochloride and three different anionic polymers Eudragit S 100, Eudragit L 100-55 and sodium carboxymethylcellulose was demonstrated.<sup>24</sup> However, in our study there was no any significant ionic or hydrogenic interaction between drug and polymers.



**Figure 4.** DSC thermograms of (a) drug, (b) Eudragit RS100 and (c) Eudragit S100.



**Figure 5.** DSC thermograms of formulations resulted from factorial design



**Figure 6.** FTIR spectra of (a) indomethacin, (b) Eudragit RS, (c) Eudragit S, and (d) formulation F<sub>1</sub>

### Conclusion

Combination of Eudragit RS and Eudragit S for preparation of nanofibers containing indomethacin using electrospinning method was successfully tried. Accurate selection of solvent, viscosity, and ratios of ERS: ES and drug: polymer was important for successful preparation of electrospun nanofibers. In the entire composite nanofibers drug was present in an amorphous state. The optimized formulations were capable of drug loading up to 66% and could be useful for further studies on possible colonic delivery of indomethacin.

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### Conflict of Interest

There is no conflict of interest in this study.

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