Iranian Journal of Pathology | ISSN: 2345-3656

Investigation of Efflux-Mediated Tetracycline Resistance in *Shigella* Isolates Using the Inhibitor and Real Time Polymerase Chain Reaction Method

Shadi Shahsavan ¹, Parviz Owlia², Abdolaziz Rastegar Lari³, Bita Bakhshi⁴, Maliheh Nobakht^{1,5}*

- 1. Antimicrobial Resistance research center, Iran University of Medical science, Tehran, Iran
 - 2. Molecular Microbiology Research Center, Shahed University, Tehran, IR Iran
- 3. Dept. of Microbiology, Faculty of Medicine, Iran University of Medical science, Tehran, Iran
 - 4. Dept. of Microbiology, Faculty of Medicine, Tarbiat Modares University, Tehran, Iran
 - 5. Dept. of Anatomy, Faculty of Medicine, Iran University of Medical science, Tehran, Iran

KEYWORDS

ABSTRACT

Shigella
Tetracycline resistance
Efflux pump
Real-Time PCR

Article Info

Received 02 Jan 2016 Accepted 27 Jan 2017 Published Online 05 Feb 2017; **Background:** Shigella spp. are gram negative bacteria, which are of global public health importance. The growing of multidrug-resistant *Shigella* isolates are a major problem around the world.

Methods: Overall, 50 isolates of *Shigella* spp. from children diarrheic stools were studied. The isolates were identified and confirmed using biochemical, serological and molecular methods (*ipaH*, *wbgZ* and *rfc* genes). Antimicrobial susceptibility test was done according to the Clinical and Laboratory Standards Institute (CLSI) guidelines against minocycline, tetracycline, doxycycline, ampicillin, streptomycin, trimethoprim-sulfamethoxazole, nalidixic acid, norfloxacin, ciprofloxacin and levofloxacin. Also, the role of efflux pump in defense of *Shigella* against tetracycline was investigated by Minimum Inhibitory Concentration (MIC) with and without an efflux pump inhibitor. Detection of *tetA*, *tetB*, *tetC* and *tetD* genes in *Shigella* was evaluated by conventional Polymerase Chain Reaction (PCR) and real time PCR.

Results: Molecular identification revealed a prevalence of 14% for *Shigella flexneri* and 86% for *Shigella sonnei*. Minimum Inhibitory Concentration (MIC) of 90% of resistant isolates was changed in the presence CCCP. Results of conventional PCR exhibited that 66% of isolates were positive for *tetA*, while according to real time PCR method, 90% of isolates carried *tetA*. Positive results for *tetB* were 12% and 18% by conventional and real time PCR methods, respectively. No positive results were detected for *tetC* and *tetD*. Also, *tetB* was detected only in *S. flexneri* while *tetA* was detected in both *S. flexneri* and *S. sonnei*.

Conclusion: It seems that efflux-mediated tetracycline resistance to tetracycline in *S. flexneri* can be related to *tetB*, however resistance in *S. sonnei* can be related to the expression of *tetA*.

Corresponding Information: Dr. Maliheh Nobakht, Antimicrobial Resistance research center, Iran University of Medical science, Tehran, Iran. Tel: +982186704566 Email: nobakht@yahoo.com

Copyright © 2016, IRANIAN JOURNAL OF PATHOLOGY. This is an open-access article distributed under the terms of the Creative Commons Attribution-noncommercial 4.0 International License which permits copy and redistribute the material just in noncommercial usages, provided the original work is properly cited.

Introduction

Shigella, a member of the Enterobacteriaceae family, is considered as a health problem across the world. Shigellosis is a self-limiting infectious

disease in humans that is caused by *Shigella*, however, morbidity and mortality rates are highest among young children, elderly and immunocompromised patients. Upon antibiotic

therapy, duration of symptoms and the transmission rate is reduced by shortening the period of *Shigella* excretion. However, life-threatening complications can occur in severe cases with Multi-Drug Resistant (MDR) *Shigella*, which defines the ability of organisms to withstand the inhibitory effect of at least one agent in ≥ 3 antimicrobial categories (1)(2)(3).

Over the past few decades, research in Iran (2), Malaysia (4), and West Nepal (5) revealed that *Shigella* is resistant to used traditional antimicrobials, similar to other bacteria. The rapid emergence of antimicrobial resistance is the public health is a concern that must be controlled (6).

The main mechanisms of Antimicrobial Resistance (AMR) are target site changes, production of an enzyme, reduced drug accumulation by the efflux pump or diminishing the permeability that can be inherent or adventitious. Control of antibiotic resistance is achieved by acquisition and dissemination of genes, through mobile genetic elements or mutations (7).

Tetracyclines, which were discovered in the 1940s, are broad-spectrum antibiotics for human, animals and plants. The first tetracycline-resistant bacteria, *Shigella*, was isolated in 1953, however, nowadays the majority of *Shigella spp*. have become resistant to it (8)(9).

The key mechanism of resistance to tetracycline arises due to the efflux pump and ribosomal protection system, which are under the control of structural and regulatory genes. Efflux pump genes code membrane proteins which export tetracycline from the cell that render it ineffective. Twenty-nine different tetracycline resistance (tet) genes were identified in gram positive and gram negative bacteria; eighteen of the Tet genes encode efflux pump, and it has been identified that tetA, tetB, tetC, tetD, tet E, tetG, tetH, tetI, tetJ, tetY, tet (30) and tet (31) are found in gram negative bacteria. Some of studies discovered tet A, tet B, tetC and tetD genes in Shigella, while the Antibiotic Resistance Genes Database (ARDB) does not report tetC for Shigella (8)(9)(10).

Efflux pumps belong to the six different groups, coding tetracycline resistance, which extrude tetracycline-cation complexes out of the bacteria for protons. Group 1 including *tetA*, *tetB tetC* and *tetD*, are frequently found in *Shigella* (10).

This study aimed to investigate *tetA*, *tetB*, *tetC* and *tetD* genes and the effect of efflux pump inhibitors on *Shigella* tetracycline resistant isolates.

Materials and Methods

Isolates

This study was conducted on 50 *Shigella* isolates collected from children diarrheic stools in Tehran, Iran (from November 2012 to October 2013). All of the isolates were identified and confirmed using conventional biochemical tests, during year 2015 (11).

Serogrouping of *Shigella* isolates was done by slide agglutination assay using A, B, C and D antisera (Baharafshan Institute of Research & Development, Tehran, Iran). Polymerase Chain Reaction (PCR) assay targeting the *ipaH* (for genus *Shigella*), *rfc* (for species *Shigella flexneri*), and *wbgZ* (for species *Shigella sonnei*) genes was performed, Table 1 (12) (13).

Antimicrobial Susceptibility Testing

The susceptibility of isolates was examined using the disk diffusion method, in accordance with Clinical and Laboratory Standards Institute (CLSI 2015) guidelines (14). The antibiotic susceptibility of Shigella isolates was examined against the following antibiotics (MAST Company, Merseyside, and U.K): minocycline (30 µg), tetracycline (30 µg), doxycycline (30 ampicillin (10 µg), streptomycin (10 trimethoprim-sulfamethoxazole (25 µg), nalidixic acid (30 µg), norfloxacin (10 µg), ciprofloxacin (5 μg) and levofloxacin (5 μg) on Muller -Hinton agar. This study was conducted for all of isolates in duplicates and Escherichia coli ATCC 25922 was used as a quality control strain in susceptibility testing.

Table 1. Primers Used in This Study

| Primer | Primer sequence (5'to 3') | Annealing temperature OC | Product size in bp | Presence of Genes% |
|-----------------|----------------------------------|--------------------------------|--------------------|-----------------------|
| ipaH(F) | GTTCCTTGACCGCCTTTCCGATACC GTC | 60 | 619 | 100 |
| ipaH(R) | GCCGGTCAGCCACCCTCTGAGAGT AC | | | |
| wbgZ(F) | TCT GAATATGCCCTCTACGCT | 60 | 430 | 86 |
| wbgZ(R) | GACAGAGCCCGAAGAACCG | | | |
| rfc(F) | TTTATGGCTTCTTTGTCGG | 60 | 537 | 14 |
| rfc(R) | CTGCGTGATCCGACCATG | | | |
| <i>tetA</i> (F) | GCTGCAAGCAATGTTGTCCA | 59 | 190 | 66 |
| tetA(R) | CAGGCAGAGCAAGTAGAGGG | | | |
| <i>tetB</i> (F) | CGCTAACCACTTTGGCGTAT | 59 | 211 | 12 |
| tetB(R) | AGCTCCTGTGATCCCTGAAA | | | |
| tetC(F) | CTTGAGAGCCTTCAACCCAG | 55 | 418 | 0 |
| tetC(R) | ATGGTCGTCATCTACCTGCC | | | |
| <i>tetD</i> (F) | TGGGCAGATGGTCAGATAAG | 53 | 787 | 0 |
| tetD(R) | CAGCACACCCTGTAGTTTTC | | | |
| rpsL(F) | TACATCGGTGGTGAAGGTCA | 59 | 154 | 100 |
| rpsL(R) | ACTTGGAACGAGCCTGCTTA | | | |

Determination of Minimal Inhibitory Concentration (MIC) with and without efflux pump inhibitor

Tetracycline resistant isolates in Disk diffusion method were used for Minimum Inhibitory Concentration (MIC) determination.

Determination of MIC for tetracycline was achieved by micro broth dilution procedure in the range of 0.5 to 1024 $\mu g/mL$ with and without efflux pump inhibitor. Carbonyl cyanide m-chlorophenylhydrazone (CCCP) was used as an efflux pump inhibitor at final concentration of 50 $\mu g/mL$ (15)(16).

Then, effect of CCCP on growth of *Shigella* isolates and *Escherichia coli* (as a control) was examined (15). The isolates with tetracycline MIC of \leq 4 µg/mL and \geq 16 µg/mL were considered as susceptible and resistant, respectively, according to CLSI guidelines.

DNA Extraction

All of *Shigella* isolates were grown at 37 °C in Luria-Bertani (LB) broth media. Subsequently, 2 mL of overnight cultures were centrifuged and DNA extracted from the sediment sample using a DNA extraction kit (Exgene Cell SV kit Gene All Biotechnology Co. Ltd Korea).

Purified genomic DNA was stored in sterile DNase free tubes for PCR screening.

Oligonucleotides used in Polymerase Chain Reaction

Polymerase Chain Reaction amplification of *ipaH*, *wbgZ*, *rfc*, *tet*C and *tetD* genes was performed with primers used in previous studies (12)(13)(17). Other primers (*tetA* and *tetB*) were selected based on the sequences available on GenBank for each gene and then Primer3Plus-Bioinformatics was used to generate the candidate primer pairs. All of primers used in this study were synthesized by the TAGC Company (Tag Copenhagen A/S Kong Georgs Vej 12 DK-2000 Frederiksberg Denmark); primer sequences are listed in Table 1. Stock suspension (100 Pmol) was made in molecular grade water and stored at -70°C; all of primers were diluted to 10 Pmol before use.

Conventional Polymerase Chain Reaction

Originally, PCR was performed to detect the *ipaH* gene for confirming isolates as genus of *Shigella*, and then presence of *wbgZ*, *rfc*, *tetA*, *tetB*, *tetC* and *tetD* genes was assessed. The PCR conditions were as follows: initial denaturation step at 94°C for 5 minutes, followed by 30 cycles consisting of denaturation (at 94°C for 1 minute), annealing (1 minute, separately adjusted for each set of primer pair, according Table1), and extension (at 72 °C for 1 minute), followed by a

final extension step at 72 °C for 5 minutes. *Shigella flexneri* ATCC 9290 and *S. sonnei* ATCC 1202 were used as controls in each assay.

Finally, an agarose gel was used to assess the PCR results.

RNA Extraction and cDNA Synthesis

All of isolates were cultured in LB agar media at 37 °C. One colony from each isolate was suspended in 1 mL of LB broth media and incubated at 37 °C for 18 to 24 hours.

Next, concentration of bacterial suspension was adjusted to 10⁷ cfu /mL by OD in 625nm, and

400 microliter of bacterial suspension was centrifuged (3000 rpm/10 minutes). After centrifugation the supernatant was removed, the bottom sediment was resuspended in sterile normal saline, followed by another centrifugation. Subsequent to two washes, lysis buffer (340 $\mu L)$, SDS (30 $\mu L)$, carrier RNA (10 $\mu L_{\rm j}$ and proteinase K (20 $\mu L)$ were added to bacterial cell tubes. RNA was extracted by a kit and automated Mag Core Nucleic Acid Extractor.

Immediately after, 2 μ L of RNA extracts was treated with mixture of DNase (2 μ L) and buffer (2 μ L) at 37°C/30 minutes. Subsequently, EDTA (2 μ L) was added and incubated at 65°C/10 minutes.

Purified genomic RNA that was collected in sterile DNase free tubes was used to synthesize PCR cDNA.

In order to control quality of RNA extraction, 5 μ L treated RNA and 5 μ L untreated were used for agarose gel electrophoresis. Also, concentration and purity of RNA were assessed by measuring the ratio of UV absorbance at 260 nm and 280 nm, using a Nano Drop 2000C spectrophotometer.

Extracted RNA was used to synthesize cDNA by Revert Aid First Strand cDNA Synthesis kit (Thermo, Dreieich) and Step One plus (ABI). Also, concentration and purity of cDNA was assessed, and the cDNA was stored in sterile DNase free tubes at -20°C.

Evaluation of gene expression by real time Polymerase Chain Reaction

Gene expression analysis was performed by Evergreen kit (Maxima® SYBR Green/Fluorescein qPCR Master Mix) in Step One plus (ABI) and ECO (Illumina USA) instruments, using *tetA* and *tetB* specific primers for efflux

pump. The rpsL gene was chosen as a reference housekeeping (Table primer gene 1). Normalization of cDNA and primers concentration was done for each reaction, the volume of cDNA for each isolate was adjusted to 20 ng per reaction. The real time PCR conditions of initial denaturation of 10 minutes at 95°C, 40 cycles of 15 seconds at 95°C for denaturation, 45 seconds annealing and 1-minute at 72°C for extension, and at 72°C for 5 minutes, followed by a melting curve analysis. Calculation of gene done using expression was comparative quantification of $2^{(\Delta\Delta Ct)}$ -based on Pfaffl method (18). Amplification efficiency was determined from analysis of a serial dilution of a control strain cDNA (at certain concentrations). Analysis of data was performed with Step One Software v2.3, and qPCR products were used for electrophoresis on agarose gel for controlling the results. Mean values of duplicated runs of each isolate in real time PCR was used for analysis.

Results

Isolates

A total of 50 *Shigella* spp. were isolated during the period of the study between November 2012 and October 2013. The isolates of *Shigella* were identified by conventional biochemical tests and sero-grouping method. Among the 50 *Shigella* isolates confirmed by PCR, 16% (n=8) was identified as *Shigella flexneri* (*S. flexneri*) and 84% (n=42) as *Shigella sonnei* (*S. sonnei*). Species-specific PCR analyses of *ipaH* gene confirmed the identity of all isolates as *Shigella* spp. Moreover, amplification of the genes *wbgZ* and *rfc* confirmed serogrouping results (Table 1).

Antimicrobial susceptibility testing

The results of antimicrobial susceptibility of *Shigella* spp. demonstrated that all of the isolates were MDR and resistant to three or more classes of antibiotics.

According to the results of antimicrobial susceptibility testing listed in Table 2, 96% of all isolates were resistant to tetracycline, 94% to doxycycline, and 2% to minocycline

Table 2. Results of Antimicrobial Susceptibility

| Antibiotics | Percentage of isolates | | | | |
|-------------------------------|------------------------|-----------|--|--|--|
| | Sensitive | Resistant | | | |
| Ampicillin | 76 | 24 | | | |
| Ciprofloxacin | 98 | 2 | | | |
| Doxycycline | 6 | 94 | | | |
| Levofloxacin | 100 | 0 | | | |
| Minocycline | 98 | 2 | | | |
| Nalidixic Acid | 82 | 18 | | | |
| Norfloxacin | 100 | 0 | | | |
| Streptomycin | 0 | 100 | | | |
| Tetracycline | 2 | 96 | | | |
| Trimethoprim-sulfamethoxazole | 2 | 98 | | | |

Table 3. Results of Minimum Inhibitory Concentration With and Without Efflux Pump Inhibitor

| Range of MIC | 512 | 256 | 128 | 64 | 32 | 16 | 8 | 4 | 2 | 1 | 0.5 |
|--------------|-------------|---------------|--------------|-----|----|-----|----|-------------|----|----|-----|
| Without CCCP | 2% (n=1) | 78% (n=39) | 16% (n=8) | 0% | 0% | 0% | 0% | 4% (n=2) | 0% | 0% | 0% |
| With CCCP | 0% | 6% | 40% | 20% | 6% | 12% | 0% | 4% | 0% | 2% | 10% |
| No change | 0% | 4% | 2% | 0% | 0% | 0% | 0% | 4% | 0% | 0% | 0% |

CCCP: Inhibitor n: Number of isolates

Minimum Inhibitory Concentration Test

All tetracycline resistant isolates were subjected to MIC determination with or without efflux pump inhibitor (CCCP). All of the isolates showed resistance by the MIC method (Table 3).

Extraction of nucleic acid

Majority of extracted nucleic acids (RNA, cDNA) indicated the acceptable ratio of UV absorbance at 260 nm and 280 nm for assessing the purity of DNA (about 2) and electrophoresis. A few extractions of RNA with poor results of electrophoresis were repeated.

Conventional PCR

The *IpaH* gene amplified with PCR, visualized a 619-bp band on agarose gel for all isolates and confirmed them as the genus of *Shigella*. In addition, amplification of *wbgZ* and *rfc* genes revealed 430 bp and 537 bp bands, confirming

Shigella isolates as S. sonnei and S. flexneri, respectively.

Polymerase Chain Reaction amplification of *Shigella* isolates showed that 66% of isolates were positive for *tetA*, while only 12% of them were positive for *tetB*. Neither of the isolates was positive for *tetC* and *tetD* (Table 1).

Real Time Polymerase Chain Reaction

As Table 4 shows, PCR analysis of isolates demonstrated 78% against 12% for presence of *tetA* and *tetB* (Table 4).

Expression of *tetB* gene was seen in *S. flexneri* isolates, which were resistant to tetracycline.

Shigella sonnei isolates did not express *tetA*, and their MIC did not change after using CCCP (Table 4).

Table 4. Results of Expression of tetA and tetB Genes by Real Time Polymerase Chain Reaction

| | | | | | • | | • | | |
|--------------|----------------|----------------------------------|-------------------------|-------------------------|-------------------|-------------------------------------|-------|----------------------------|-----------------------|
| Isolat es | Serogrou p | Resistance to Tetracycline | MIC Withou t CCCP | MIC With CCC P | ¹ tetA | Expressi on of tetA (fold) | ²tetB | Express ion of tetB (fold) | Pattern of resistance |
| 1 | $^4\mathrm{D}$ | 6 R | 512 | 256 | ^{8}P | 8.9 | N | ³ 0 | T,D,SXT,S |
| 2 | D | R | 256 | 128 | P | 4.18 | N | 0 | T,D,SXT,S,AM |
| 3 | D | R | 256 | 128 | P | 7.3 | N | 0 | T,D,SXT,S,AM |
| 4 | D | R | 256 | 128 | P | 7.97 | N | 0 | T,D,SXT,S,AM |
| 5 | D | R | 256 | 128 | P | 1.13 | N | 0 | T,D,SXT,S,NA |
| 6 | D | R | 256 | 128 | P | 5.4 | N | 0 | T,D,SXT,S |
| 7 | D | R | 256 | 128 | P | 7.3 | N | 0 | T,D,SXT,S |
| 8 | D | R | 256 | 128 | P | 3.11 | N | 0 | T,D,SXT,S |
| 9 | D | R | 256 | 128 | 9N | 0.61 | N | 0 | T,D,SXT,S |
| 10 | D | R | 256 | 128 | N | 0.53 | N | 0 | T,D,SXT,S |
| 11 | D | R | 256 | 128 | P | 2.98 | N | 0 | T,D,SXT,S |
| 12 | D | R | 256 | 128 | P | 4 | N | 0 | T,D,SXT,S |
| 13 | D | R | 256 | 128 | P | 1.98 | N | 0 | T,D,SXT,S |
| 14 | D | R | 256 | 128 | P | 9.1 | N | 0 | T,D,SXT,S |
| 15 | D | R | 256 | 128 | P | 3.6 | N | 0 | T,D,SXT,S |
| 16 | D | R | 256 | 128 | P | 0.97 | N | 0 | T,D,SXT,S |
| 17 | D | R | 256 | 128 | P | 1.9 | N | 0 | T,D,SXT,S |
| 18 | D | R | 256 | 128 | P | 0.97 | N | 0 | T,D,SXT,S |
| 19 | D | R | 256 | 128 | N | 0.81 | N | 0 | T,D,SXT,S |
| 20 | D | R | 256 | 128 | N | 0.61 | N | 0 | T,D,SXT,S |
| 21 | D | R | 256 | 64 | P | 8,9 | N | 0 | T,D,SXT,S,AM |
| 22 | D | R | 256 | 64 | P | 2.8 | N | 0 | T,D,SXT,S,AM |
| 23 | D | R | 256 | 64 | N | 0.29 | N | 0 | T,D,SXT,S,NA |
| 24 | D | R | 256 | 64 | P | 1.01 | N | 0 | T,D,SXT,S |
| 25 | D | R | 256 | 64 | P | 4.5 | N | 0 | T,D,SXT,S |
| 26 | D | R | 256 | 64 | N | 0.76 | N | 0 | T,D,SXT,S |
| 27 | D | R | 256 | 64 | P | 6.53 | N | 0 | T,D,SXT,S |
| 28 | D | R | 256 | 64_ | P | 4.7 | N | 0 | T,D,SXT,S |
| 29 | D | R | 256 | 64 | N | 0.67 | N | 0 | T,D,SXT,S |
| 30 | D | R | 256 | 64 | N | 0.34 | N | 0 | T,D,SXT,S |
| 31 | D | R | 256 | 32 | N | 0.31 | N | 0 | T,D,SXT,S,AM |
| 32 | D | R | 256 | 32 | P | 11.9 | N | 0 | T,D,SXT,S,NA |
| 33 | D | R | 128 | 32 | P | 11.8 | N | 0 | T,D,SXT,S,NA |
| 34 | D | R | 256 | 16 | P | 3.2 | N | 0 | T,D,SXT,S,NA |
| 35 | D | R | 256 | 16 | P | 5.8 | N | 0 | T,D,SXT,S,NA |
| 36 | D | R | 256 | 16 | N | 0.78 | N | 0 | T,D,SXT,S,NA |
| 37 | D | R | 256 | 16 | P | 8.6 | N | 0 | T,D,SXT,S |
| 38 | D | R | 256 | 16 | P | 4.8 | N | 0 | T,D,SXT,S |
| 39 | D | R | 256 | 16 | P | 6.3 | N | 0 | T,D,SXT,S |
| 40 | D | R | 256 | 256 | P | 0 | N | 0 | T,D,SXT,S |
| 41 | D | R | 256 | 256 | P | 0 | N | 0 | T,D,SXT,S |
| 42 | D | R | 128 | 128 | N | 0 | N | 0 | T,D,SXT,S |
| 43 | ⁵ B | R | 128 | 1 | N | 0 | P | 5.69 | T,MIN,SXT,S,AM |
| 44 | В | R | 128 | 0.5 | N | 0 | P | 3.56 | T,D,SXT,S,AM |
| 45 | В | R | 128 | 0.5 | N | 0 | P | 2.44 | T,D,SXT,S,AM |
| 46 | В | R | 128 | 0.5 | N | 0 | P | 0.88 | T,D,S,AM |
| 47 | В | R | 128 | 0.5 | N | 0 | P | 2.51 | T,D,SXT,S |
| 48 | В | R | 128 | 0.5 | N | 0 | P | 0.36 | T,SXT,S |
| 49 | В | $^{7}\mathrm{S}$ | 4 | 4 | P | 0 | N | 0 | SXT,S,NA |
| 50 | В | S | 4 | 4 | P | 0 | N | 0 | SXT,S,AM,NA,CI P |
| 1 | | | ~- 1- | | | | | - 20 | . 4- ~ |

¹Presence of tetA by conventional PCR ²Presence of tetA by conventional PCR ³0: No expression ⁴D= *S. sonnei* ⁵B=S. *flexneri* ⁶R: Resistance ⁷S: Sensitive ⁸P; Positive ⁹N: Negative MIC ≥ 16 μg/ml indicate resistance to tetracycline. MIC≤4 μg/mL indicates susceptibility to tetracycline. T=Tetracycline D= Doxycycline MIN=Minocycline S=Streptomycin SXT= trimethoprim-sulfamethoxazole AM=Ampicillin NA=Nalidixic Acid CIP=Ciprofloxacin

Discussion

In concordance with the results of other studies in Iran, *S. sonnei* was the dominant species in this study (19)(20)(21)(22). Increasing prevalence of *S. sonnei* in other regions like the United States may be related to increasing environmental adaptation of *S. sonnei*(23)(24). All of the *S. sonnei* and 75% of *S. flexneri* were MDR that could lead to an emergency in treatment of shigellosis, especially because of increased resistance to first -line antimicrobial agents (Table 2).

Tetracycline was discovered in 1940, most of bacteria were susceptible to this drug in mid-1950. Resistance to tetracycline was first reported in year 1957, also tetracycline-resistant *S. sonnei* cases (35%) were reported in 1978 (25). Nowadays, most *Shigella* spp., such as that of the current study (96%), are resistant to tetracycline. Hence, tetracycline cannot be a suitable choice for treatment of shigellosis.

Moreover, *Shigella* isolates that were susceptible to tetracycline were also sensitive to doxycycline and minocycline. A description for difference in the rate of resistance between minocycline, doxycycline and tetracycline can refer to less use of minocycline (Table 2).

The MIC results for tetracycline showed high resistance (MIC \geq 256 µg/mL) in most of *shigella* isolates (Table 3). One research in Hong Kong from 1986 to 1995 demonstrated

MIC of $\geq 256 \mu g/mL$ for S. sonnei and S. flexneri (26). It seems that resistance to tetracycline can be related to efflux pump, ribosomal protection system or other mechanisms (9). It is considerable that all tetracycline resistant Shigella isolates were also resistant trimethoprim-sulfamethoxazole and streptomycin (Table 4). High rates of resistance trimethoprim-sulfamethoxazole and tetracycline among Shigella isolates were reported in Iran and other countries (2)(27). Barman examined the relationship between simultaneous resistance to trimethoprim sulfamethoxazole and streptomycin with a 6.3-kb plasmid and observed that the isolates were resistant to tetracycline as well (28). This phenomenon leads us to another factor that can be the cause of one or more antimicrobial resistance in bacteria.

It has been observed that in the presence of CCCP, as the inhibitor of efflux pump, MIC value is decreased. Moreover, CCCP can change some resistant isolates to sensitive ones, and it can be concluded that inhibiting of efflux pump decreases MIC (Table 3). However, MIC of 10% of resistant isolates did not change in the presence CCCP. Also, MIC of most isolates was reduced, yet they remained resistant. Thus, the other factors (except efflux pump) might lead to resistance in isolates (Table 3).

It seems that resistance to tetracycline can be associated with efflux pump, ribosomal protection system or other mechanisms (9).

order to evaluate efflux-mediated tetracycline resistance, the presence of tetA, tetB, tetC and tetD genes in DNA of Shigella isolates were investigated by PCR (10). Neither of the isolates showed amplification of tetC and tetD, however, they were positive for 66% of tetA and 12% of tetB (Table 4). The study of Martinez et al. (1986) demonstrated the presence of tetC in S. flexneri (12.5%) and S. sonnei (72.5%) while tetD was observed only in S. sonnei (8%). The study of Hartman et al. (2003) revealed that 3.1% of S. sonnei harbored tetC, yet this was negative for S. flexneri (29). Also, TetD was observed in S. sonnei and S. dysenteriae serotype 1 (30). Inconsistency between the results of our study (n=50) and that of Hartman (n=369) and Martinez (n=33) can be related to different number of isolates (30)(29). All of our isolates with tetB were defined as S. flexneri and isolates positive for tetA defined as S. sonnei and S. flexneri (Table 4). Results of the study of Mandomando et al. revealed that 15% of Shigella isolates were positive for tetA and 79% for tetB (1). The difference between the study of Mandomando and the present research may be related to low ratio of S. sonnei (n=15) against S. flexneri (n=94), as tetA was seen in S. sonnei more than S. flexneri (1). It is important to note that two susceptible isolates to tetracycline were positive for tetA yet negative for tetB. This result shows that the presence of tetA cannot explain resistance to tetracycline in S. flexneri. Most of the resistant isolates to tetracycline were positive for tetA and negative for *tetB*. In the presence of CCCP, the value of MIC for tetracycline was reduced (one fold and more) yet the isolates stayed resistant.

It can be concluded that resistance to tetracycline in *S. sonnei* may be related to expression of *tetA*, but in these isolates other tetracycline-resistant factors are involved in resistance. On the other hand, two *S. sonnei* and two *S. flexneri* were positive for *tetA*, according to conventional PCR, while expression of *tetA* was negative by real time PCR. Also, in the presence of CCCP, MIC value of both isolates had no change. It can be concluded that high resistance of these two isolates is due to other factors other than the efflux pump.

Six tetracycline resistant isolates (*S. flexneri*), positive for *tetB* (according to conventional PCR and real time PCR), were changed to become susceptible by adding CCCP. It can be concluded that resistance to tetracycline in *S. flexneri* may be related to expression of *tetB*.

Ten isolates (*S. sonnei*) were negative for *tetA* by conventional PCR, but they were expressed using real time PCR. Comparison of conventional PCR and real time PCR results showed that the detection of genes by real time PCR is more reliable (Table 4).

References

- 1. Mandomando I, Jaintilal D, Pons MJ, Vallès X, Espasa M, Mensa L, et al. Antimicrobial susceptibility and mechanisms of resistance in Shigella and Salmonella isolates from children under five years of age with diarrhea in rural Mozambique. Antimicrobial Agents and Chemotherapy. 2009. p. 2450–4.
- 2. Pourakbari B, Mamishi S, Mashoori N, Mahboobi N, Ashtiani MH, Afsharpaiman S, et al. Frequency and antimicrobial susceptibility of Shigella species isolated in Children Medical Center Hospital, Tehran, Iran, 2001-2006. Brazilian J Infect Dis [Internet]. 2010;14(2):153–7. Available from: http://www.sciencedirect.com/science/article/pii/S1413 867010700295.
- 3. Toro C, Arroyo A, Sarria A, Iglesias N, Enríquez A, Baquero M, et al. Shigellosis in Subjects with Traveler's Diarrhea Versus Domestically Acquired Diarrhea: Implications for Antimicrobial Therapy and Human Immunodeficiency Virus Surveillance. Am J Trop Med Hyg. ASTMH; 2015;93(3):491–6.

Conclusion

The mechanism of resistances to antibiotics can be different among species of a genus of bacteria. Increased resistance to antibiotics is one of the most important challenges around world, hence in order to prevent the emergence of resistant strains and to choose an appropriate treatment, the susceptibility test for each isolate should be more carefully monitored.

High resistance to tetracycline in *Shigella* isolates means that it cannot be a suitable choice for treatment of shigellosis but using suitable efflux pump inhibitors may change this result.

Resistance to tetracycline in *S. sonnei* and *S. flexneri* may be related to *tetA* and tetB genes, respectively.

Acknowledgements

This study was supported by Iran University of Medical Sciences with grant number 92-02-134-21592.

Conflict of Interests: The authors declare that there was no conflict of interest.

- 4. Thong K-L, Hoe CH, Koh YT, Yasin RM. Prevalence of multidrug-resistant Shigella isolated in Malaysia. J Heal Popul Nutr. JSTOR; 2002;356–8.
- 5. Wilson G, Easow JM, Mukhopadhyay C, Shivananda PG. Isolation & antimicrobial susceptibility of Shigella from patients with acute gastroenteritis in western Nepal. Indian J Med Res. Indian Council of Medical Research; 2006;123(2):145.
- 6. House W. National action plan for combating antibiotic-resistant bacteria. Accessed August. 2015;8.
- 7. Epstein FH, Jacoby GA, Archer GL. New mechanisms of bacterial resistance to antimicrobial agents. N Engl J Med. Mass Medical Soc; 1991;324(9):601–12.
- 8. Liu B, Pop M. ARDB antibiotic resistance genes database. Nucleic Acids Res. Oxford Univ Press; 2009;37(suppl 1):D443–7.
- 9. Rolain JM. Food and human gut as reservoirs of transferable antibiotic resistance encoding genes. Front Microbiol. 2013;4(JUN):1–10.
- 10. Chopra I, Roberts M. Tetracycline Antibiotics: Mode of Action, Applications, Molecular Biology, and Epidemiology of Bacterial Resistance. Microbiol Mol

- Biol Rev [Internet]. 2001;65(2):232–60. Available from: http://www.facm.ucl.ac.be/Full-texts-FACM/Vanbambeke-2006-4.pdf.
- 11. Services M. UK Standards for Microbiology Investigations. Bacteriology. 2014;B 55(5.2):1–21.
- 12. Ojha SC, Yean Yean C, Ismail A, Banga Singh K-K. A pentaplex PCR assay for the detection and differentiation of Shigella species. Biomed Res Int. Hindawi Publishing Corporation; 2013;2013.
- 13. Toma C, Lu Y, Higa N, Nakasone N, Chinen I, Baschkier A, et al. Multiplex PCR assay for identification of human diarrheagenic Escherichia coli. J Clin Microbiol [Internet]. 2003;41(6):2669–71. Available from: http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=156568&tool=pmcentrez&rendertype=abstract
- 14. Jorgensen JH, Turnidge JD. Susceptibility Test Methods: Dilution and Disk Diffusion Methods*. American Society of Microbiology; 2015;
- 15. Cho H, Oh Y, Park S, Lee Y. Concentration of CCCP should be optimized to detect the efflux system in quinolone-susceptible Escherichia coli. J Microbiol. 2001;39(1):62–6.
- 16. Jain M, Kumar P, Goel AK. Emergence of Tetracycline Resistant Vibrio cholerae O1 Biotype El Tor Serotype Ogawa with Classical ctxB Gene from a Cholera Outbreak in Odisha, Eastern India. J Pathog. Hindawi Publishing Corporation; 2016;2016.
- 17. Ng L-K, Mulvey MR, Martin I, Peters GA, Johnson W. Genetic characterization of antimicrobial resistance in Canadian isolates of Salmonella serovar Typhimurium DT104. Antimicrob Agents Chemother. Am Soc Microbiol; 1999;43(12):3018–21.
- 18. Pfaffl MW. A new mathematical model for relative quantification in real-time RT--PCR. Nucleic Acids Res. Oxford Univ Press; 2001;29(9):e45–e45.
- 19. Eftekhari N, Bakhshi B, Pourshafie MR, Zarbakhsh B, Rahbar M, Hajia M, et al. Genetic diversity of Shigella spp. and their integron content. Foodborne Pathog Dis. Mary Ann Liebert, Inc. 140 Huguenot Street, 3rd Floor New Rochelle, NY 10801 USA; 2013;10(3):237–42.
- 20. Mardaneh J, Poor SA, Afrugh P. Prevalence of Shigella species and antimicrobial resistance patterns of isolated strains from infected pediatrics in Tehran. Int J Entric Pathog. 2013;1(1):28–31.

- 21. Dibaj R, Aslani MM, Heidarieh P, Hashemi A, Ataei B, Daei-Naser A, et al. Conventional and molecular investigation of Shigella isolates in relation to an outbreak in the area of Isfahan, Iran. Iran J Microbiol. Tehran University of Medical Sciences; 2013;5(4):339.
- 22. Tajbakhsh M, Migura LG, Rahbar M, Svendsen CA, Mohammadzadeh M, Zali MR, et al. Antimicrobial-resistant Shigella infections from Iran: an overlooked problem? J Antimicrob Chemother. Br Soc Antimicrob Chemo; 2012;67(5):1128–33.
- 23. Balbi KJ, Rocha EPC, Feil EJ. The temporal dynamics of slightly deleterious mutations in Escherichia coli and Shigella spp. Mol Biol Evol. 2009;26(2):345–55.
- 24. Gupta A, Polyak CS, Bishop RD, Sobel J, Mintz ED. Laboratory-confirmed shigellosis in the United States, 1989-2002: epidemiologic trends and patterns. Clin Infect Dis. 2004;38(10):1372–7.
- 25. Hawkins W a, Dale JW. High and low level tetracycline resistance in Shigella sonnei. J Hyg (Lond). 1978;81(1):131–8.
- 26. Chu Y, Houang ETS, Lyon DJ, Ling JM, Ng T, Cheng AFB. Antimicrobial resistance in Shigella flexneri and Shigella sonnei in Hong Kong, 1986 to 1995. Antimicrob Agents Chemother. Am Soc Microbiol; 1998;42(2):440–3.
- 27. Wong MR, Reddy V, Hanson H, Johnson KM, Tsoi B, Cokes C, et al. Antimicrobial resistance trends of Shigella serotypes in New York City, 2006-2009. Microb Drug Resist [Internet]. 2010;16(2):155–61. Available from: http://ovidsp.ovid.com/ ovidweb.cgi ?T=JS&PAGE=reference&D=med5&NEWS=N&AN= 20438349
- 28. Barman S, Chatterjee S, Chowdhury G, Ramamurthy T, Niyogi SK, Kumar R, et al. Plasmid-mediated streptomycin and sulfamethoxazole resistance in Shigella flexneri 3a. Int J Antimicrob Agents. Elsevier; 2010;36(4):348–51.
- 29. Martínez-Salazar JM, Alvarez G, Gomez-Eichelmann MC. Frequency of four classes of tetracycline resistance determinants in Salmonella and Shigella spp. clinical isolates. Antimicrob Agents Chemother. Am Soc Microbiol; 1986;30(4):630–1.
- 30. Hartman AB, Essiet II, Isenbarger DW, Lindler LE. Epidemiology of tetracycline resistance determinants in Shigella spp. and enteroinvasive Escherichia coli: Characterization and dissemination of tet (A)-1. J Clin Microbiol. 2003;41(3):1023–32.

How to Cite This Article:

Shahsavan S, Owlia P, Rastegar Lari A, Bakhshi B, Nobakht M. Investigation of Efflux-Mediated Tetracycline Resistance in Shigella Isolates Using the Inhibitor and Real Time Polymerase Chain Reaction Method. Iranian Journal of Pathology. 2017;12(1):53-61.