

## ORIGINAL RESEARCH

# Antibody Rapid Test Results in Emergency Medical Services Personnel during COVID-19 Pandemic; a Cross Sectional Study

Peyman Saberian<sup>1,2</sup>, Seyed Mohammad Mireskandari<sup>3</sup>, Alireza Baratloo<sup>1,4\*</sup>, Parisa Hasani-Sharamin<sup>5†</sup>, Sepideh Babaniamansour<sup>6</sup>, Ehsan Aliniagerdroudbari<sup>7</sup>, Mahnaz Jamshididana<sup>5</sup>

1. Pre-Hospital and Hospital Emergency Research Center, Tehran University of Medical Sciences, Tehran, Iran.
2. Department of Anesthesiology, Imam Khomeini Hospital Complex, Tehran University of Medical Sciences, Tehran, Iran.
3. Department of Anesthesiology and Critical Care, Tehran University of Medical Sciences, Tehran, Iran.
4. Department of Emergency Medicine, Sina Hospital, Tehran University of Medical Sciences, Tehran, Iran.
5. Tehran Emergency Medical Service Center, Tehran, Iran.
6. School of Medicine, Islamic Azad University of Medical Sciences, Tehran, Iran.
7. School of Medicine, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

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**Abstract:** **Introduction:** Like other infectious diseases, it is expected that COVID-19 will mostly end with the development of neutralizing antibody immunity. This study aimed to evaluate the value of COVID-19 antibody rapid test assessment in emergency medical services (EMS) personnel. **Methods:** This cross-sectional study was conducted in Tehran, Iran from 20th March until 20th May 2020. The results of chest computed tomography (CT) scan, and antibody rapid test were compared in EMS personnel with confirmed COVID-19, as well as symptomatic and asymptomatic ones who had exposure to a probable/confirmed COVID-19 teammate. In symptomatic or asymptomatic individuals who were only IgM-positive, chest CT scan or RT-PCR was recommended. **Results:** A total of 243 EMS personnel with the mean age of 36.14±8.70 (range 21 to 59) years took part in this study (87.7% were males). Most of the participants (73.3%) had history of exposure. One hundred sixty-three EMS personnel were tested using either RT-PCR test or chest CT-scan or both, and 78 (47.9%) of them had at least one positive result. Among the participants who had undergone chest CT-scan and/or RT-PCR test (n=163), 78 had positive chest CT-scan and/or RT-PCR test; of these, 18 individuals had negative results for IgM and IgG. The rate of positive IgM and IgG in participants with positive chest CT-scan was 1.6 or 1.3 times more than those with negative chest CT-scan, respectively ( $p < 0.05$ ). The percentage of positive results for both IgM and IgG in participants having positive RT-PCR test was 1.7 times more than those having negative RT-PCR test ( $p < 0.05$ ). **Conclusion:** Rapid antibody test could help in diagnosis of COVID-19 in asymptomatic or symptomatic EMS personnel who did not undergo RT-PCR test or the test was reported as negative. However, its sensitivity could be enhanced through use along with other diagnostic methods.

**Keywords:** Antibodies; Clinical Laboratory Techniques; COVID-19; Reagent Kits, Diagnostic; Emergency Medical Services

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\*Corresponding Author: Alireza Baratloo; Department of Emergency Medicine, Sina Hospital, Hasanabad Square, Tehran, Iran. Tel: +989122884364; Email: arbaratloo@sina.tums.ac.ir, Orcid: <http://0000-0002-4383-7738>.

†Corresponding Author: Parisa Hasani-Sharamin; Tehran Emergency Medi-

cal Service Center, Iranshahr Street, Tehran, Iran. Tel: +989127099930; Email: parisahasaniems@gmail.com, Orcid: <http://0000-0003-2942-5275>.



## 1. Introduction

Coronavirus disease (COVID-19) outbreak caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), became a global health concern. COVID-19 is a highly contagious and multifaceted disease, which has infected millions of people worldwide (1, 2). Reverse transcription polymerase chain reaction (RT-PCR) was mostly recommended and used in terms of diagnosis of COVID-19 (3-6). Some specific alterations in lung computed tomography (CT) scan was also highly frequent in COVID-19 patients but in some cases, normal lung CT-scan was reported along with positive RT-PCR (7). On the other hand, it should be mentioned that COVID-19 can cause widely different clinical manifestations, most of which are nonspecific, or be asymptomatic. Therefore, the prevalence of COVID-19 is mostly underestimated, which may increase the risk of exposure (8, 9).

Like other infectious diseases, it is expected that COVID-19 will mostly end with the development of neutralizing antibody immunity. Antibodies are produced within days to weeks after infection with the virus. However, negative results of antibodies in the patients with positive RT-PCR test have been reported for various reasons. The strength of the antibody response depends on various factors, including age, nutritional status, the severity of the disease, and certain medications or infections that suppress the immune system (8-12). The emergency medical services (EMS) personnel are at high risk of infection because of repeated exposures; so they are an appropriate population for the study on COVID-19 (13). It is vital to investigate the EMS personnel both in terms of their immune system and being a carrier for other health providers. Since due to the epidemic, it was not possible to perform definitive tests for all people, rapid antibody tests are the most appropriate option to investigate these cases, so this study was designed and conducted with the following four main objectives:

1. Assessing the immune system of emergency medical services personnel who were confirmed cases of COVID-19
2. Assessing the probability of infection and the immune system of emergency medical service personnel who were symptomatic but either had a negative result of COVID-19 test or were not tested
3. Assessing the probability of infection in asymptomatic personnel with a history of encountering a definite or probable COVID-19 case
4. Assessing the relationship between CT scan, RT-PCR, and epidemiological issues (symptoms, history of exposure) with the antibody test.

## 2. Methods

### 2.1. Study design and setting

This study was a cross-sectional study conducted in Tehran, Iran. The protocol of the study was approved by the ethics committee of Tehran University of Medical Science (Code: IR.TUMS.VCR.REC.1399.322) and the principles of confidentiality were adhered to. All information was analyzed and reported anonymously. Written informed consent was obtained from all patients prior to their participation in the study. This study did not impose any additional cost on participants or the healthcare system, and all costs were paid from the received grant.

### 2.2. Study population

From 20th March until 20th May 2020, two groups of EMS personnel working for Tehran EMS Center were invited for participation in this study. The EMS personnel with any of the below criteria were included:

- Confirmed COVID-19 cases based on the results of RT-PCR test and/or non-enhanced chest CT-scan.
- Those who had COVID-19 symptoms since the onset of the epidemic, and did not undergo any diagnostic test or whose test results were negative.
- Asymptomatic ones who had exposure to suspected or confirmed COVID-19 teammates, and did not undergo diagnostic tests or whose test results were negative.

All EMS personnel who were unwilling to participate, refused to perform further required paraclinical investigation, and filled out the checklist incompletely, were excluded.

### 2.3. Definitions

Suspected, confirmed, and symptomatic cases were defined as follows (14-17):

#### Suspected case

A. A patient who has an acute respiratory illness (has fever and shows at least one sign and/or symptom of respiratory disease, such as cough and shortness of breath), and lives in or has traveled to a COVID-19 hotspot within 14 days before the onset of symptom.

OR

B. A patient who has an acute respiratory illness and has had a close encounter with a confirmed or suspected COVID-19 case within 14 days before the onset of symptom.

OR

C. A patient who has a severe acute respiratory illness (has fever and shows at least one sign and/or symptom of respiratory disease, such as cough and shortness of breath and needs to be hospitalized) when there are no alternative diagnoses that explain the clinical manifestations.

#### Confirmed case

A patient with positive result of laboratory test and/or chest

CT-scan confirmed COVID-19, irrespective of clinical signs and symptoms.

#### Symptomatic case

A person with suspicious signs (based on physical examination) and symptoms of COVID-19 (defined as fever, chills, dry cough, shortness of breath, myalgia, diarrhea, loss of sense of smell and taste, chest pain, headache, weakness, or lethargy) who has not undergone any diagnostic tests yet.

#### 2.4. Procedure

All participants underwent the COVID-19 IgM/IgG rapid test (manufactured by KarmaAzmaAndish Co. in Tehran, Iran). This rapid test is based on immune-chromatography, which is used to detect IgM and IgG antibodies in the blood and serum (total antibody). A drop of blood (about 20 microliters of serum), lancet, and fingertip are used for blood sampling and then two drops of the buffer are added to the blood. The result is determined in less than 20 minutes. Sampling and antibody testing were done outside the laboratory, by two of the investigators with a bachelor's degree in nursing, in the Tehran EMS center.

For those who had only positive IgM, RT-PCR test and chest CT-scan were also performed, to investigate the probability of being an infectious carrier.

The COVID-19 RT-PCR test is a real-time test that can qualitatively assess the presence of nucleic acids associated with SARS-CoV-2 in samples (such as nasopharyngeal or oropharyngeal swabs, nasal swabs, or mid-turbinate swabs, sputum, lower respiratory tract aspirates, bronchoalveolar lavage, and nasopharyngeal wash/aspirate) obtained from both upper and lower respiratory systems of patients suspected to having COVID-19. This modality can be used both for all suspected patients, both those showing symptoms and those who do not have symptoms but have other reasons to suspect COVID-19 infection.

#### 2.5. Data collection

All participants were asked to fill out a 3-part checklist. First part consisted of demographic data and baseline characteristics including age, gender, smoking status, recent history of weight loss, recent history of any infectious disease, history of any vaccination during last year, history of a disease in last five days so that patients were not able to eat anything.

Second part was about data related to COVID-19, including presentation of COVID-19 symptoms, history of exposure, having a contaminated teammate or roommate, undergoing related tests of COVID-19, number of exposures, time interval between symptom onset and positive RT-PCR test and/or chest CT-scan, and , time interval between symptom onset and positive result of antibody rapid test.

Third part was about the results of antibody rapid test (only IgM positive, only IgG positive, both positive, or both nega-

tive) and RT-PCR test or chest CT-scan results, if provided.

#### 2.6. Statistical analysis

The continuous variables were described using mean  $\pm$  SD and categorical variables were described using frequency and percentage. The normality of distribution was assessed using Shapiro-Wilks test. The relationship between categorical variables, such as comparing the result of tests, was examined using Chi-square or Fisher's exact test. Also, we used independent t-test for assessment of mean difference between two groups. P-value $<$ 0.05 was considered statistically significant. The sensitivity and specificity of rapid antibody test with 95% confidence interval (CI) was calculated based-on RT-PCR test and chest CT-scan diagnosis, as gold standards. Also, accuracy, positive likelihood ratio (PLR), negative likelihood ratio (NLR), positive predictive value (PPV), and negative predictive value (NPV) were calculated for the screening index. The data were analyzed using Stata statistical software: release 14 (College Station, TX: StataCorp LP).

### 3. Results

#### 3.1. Baseline characteristics of participants

Two hundred forty-three EMS personnel with the mean age of  $36.14 \pm 8.70$  (range 21 to 59) years took part in this study. The baseline information is shown in table 1. The majority of the participants were male (87.7%) and most of the participants (73.3%) had history of exposure. Figure 1 and table 2 show the distribution of symptomatic and asymptomatic cases based on the results of different diagnostic tools. The frequency of positive result of rapid antibody test was higher in participants with history of exposure (43.8%) than those without history of exposure (35.4%) but the difference was not statistically significant ( $p=0.201$ ) (Figure 2).

#### 3.2. Symptom onset to performing rapid test

The time interval between symptom onset and performing antibody rapid test had a wide range (2 to 83 days). The relationship between the time interval between symptom onset and performing antibody rapid test and the result of chest CT-scan and/or RT-PCR test are shown in table 3.

#### 3.3. Relationship between COVID-19 diagnostic tools

Table 4 shows the relationship between the results of performed diagnostic COVID-19 tests. The rate of positive IgM and IgG in participants with positive chest CT-scan were 1.6 or 1.3 times more than that of those with negative chest CT-scan, respectively. The rate of IgM and/ or IgG positive in participants with positive chest CT-scan was 2.5 times higher than those with negative chest CT-scan ( $p<0.001$ ). The percentage of positive result of both IgM and IgG in participants



**Table 1:** Baseline characteristics of participants (n=243)

Variables	Values
<b>Sex</b>	
Male	213 (87.7)
Female	30 (12.3)
<b>Body mass index</b>	
Mean ± SD	23.4±3.9
<b>History</b>	
Smoking	13 (5.3)
Recent weight loss	51 (21.0)
Recent infectious disease	21 (8.6)
Vaccination in the previous year	48 (19.8)
Acute disease in the previous five days	10 (4.1)
<b>Exposure to COVID-19 patient</b>	
Suspected	151 (62.1)
Confirmed	155 (63.8)
<b>Having contaminated teammate or roommate</b>	
Before getting infected	15 (6.2)
After getting infected	16 (6.6)
<b>Presentation</b>	
Symptomatic	122 (50.2)
Asymptomatic	121 (49.8)
<b>Chest CT-scan results</b>	
Positive	64 (42.9)
Negative	85 (57.1)
<b>RT-PCR test results (n=101)</b>	
Positive	38 (37.3)
Negative	63 (63.7)
<b>Rapid test results</b>	
Only IgM positive	3 (1.2)
Only IgG positive	19 (7.8)
IgM and IgG positive	79 (32.5)
<b>Time since symptom onset (day)</b>	
Confirmation by the RT-PCR and/or chest CT-scan	4.2±3.8
Confirmation of COVID-19 by antibody rapid test	50.6±18.4

Data are presented as mean ± standard deviation (SD) or frequency (%); CT: Computed Tomography;  
RT-PCR: Reverse Transcription Polymerase Chain Reaction;  
COVID-19: Coronavirus Disease.

having positive RT-PCR test was 1.7 times more than those having negative RT-PCR test (p=0.019). The sensitivity and specificity of rapid antibody test compared with chest CT-scan was 78.1% (95% CI: 66.0 to 87.5) and 68.2% (95% CI: 57.2 to 77.9), respectively. Also, the PPV, NPV, PLR, NLR, and accuracy of rapid antibody test compared with chest CT-scan were 64.9%, 80.6%, 2.5, 0.32, and 72.5%, respectively. The sensitivity and specificity of rapid antibody test compared with RT-PCR test were 71.1% (95% CI: 54.1 to 84.6) and 58.7% (95% CI: 45.6 to 71.0), respectively. Also, the PPV, NPV, PLR, NLR, and accuracy of rapid antibody test compared with RT-PCR were 50.9%, 77.1%, 1.7, 0.49, and 63.4%, respectively (Table 5).

## 4. Discussion

The present study investigated some aspects of paraclinical features of COVID-19 in EMS personnel. The majority of participants were symptomatic and had history of exposure. The positive result of all three tests was higher in symptomatic participants. Being symptomatic was most concordant with the positive result of chest CT-scan and then with the positive result of RT-PCR test or rapid antibody test. A few number of asymptomatic EMS personnel had positive rapid antibody test. The positive result of IgM and/or IgG was significantly higher in participants having positive chest CT-scan. The percentage of positive result of IgG or both IgM and IgG was significantly higher in participants having positive RT-PCR test. The result of rapid antibody test was more concordant with the result of chest CT-scan than with the result of RT-PCR test.

Various studies stated that measuring the level of antibodies is of great value in diagnosing COVID-19 (18, 19). The level of IgM and IgG were increased in the early and late phase of COVID-19, respectively. Antibody rapid test can be a useful tool for measuring the level of antibodies. Investigating the trend of changes in the level of antibodies can help in clinical evaluating of infection (8, 20, 21). In a study of 15 COVID-19 patients, the positive IgM and IgG increased from 50% to 81% and 81% to 100% of patients, respectively, within the first to the fifth day after symptom onset (22). Long et al. conducted a study on 285 patients, investigating the acute antibody responses to SARS-CoV-2, and showed that the prevalence of positive virus-specific IgG (within 17-19 days after symptom onset) and IgM (within 20-22 days after symptom onset) were 100% and 94.1%, respectively (20). Sun et al. conducted a study assessing the antibodies in 38 COVID-19 patients and the results showed that up to 75% of patients had increased levels of IgM and IgG, specific to SARS-CoV-2, in the first week after symptom onset (18). The positive results were higher compared to ours, which may be due to performing a more accurate antibody test in the study of Sun et al., which measured the level of IgM and IgG response against both SARS-CoV-2 nucleocapsid and spike protein. Our study showed a long interval between symptom onset and positive result of IgM, which was higher than other studies (20, 23). The reason may be due to the higher number of exposures in EMS personnel.

Our study showed that all three diagnostic tests had high efficacy in detecting COVID-19 infection. In a study by Zhao et al. conducted on 173 COVID-19 patients, the sensitivity of IgM, IgG, and RT-PCR test were 73.3%, 54.1%, and 54%, respectively during 15 days after symptom onset (21). Heydari et al., showed a high proportion (83%) of positive chest CT-scan in diagnosing COVID-19 in symptomatic patients (24). However, some studies recommended perform-

**Table 2:** The results of performed diagnostic COVID-19 tests between symptomatic and asymptomatic EMS personnel

Test	Participants		p-value*
	Symptomatic	Asymptomatic	
<b>Chest CT-scan</b>			
Positive	60 (61.9)	4 (7.7)	<0.001
Negative	37 (38.1)	45 (92.3)	
<b>RT-PCR test</b>			
Positive	34 (50.0)	4 (12.1)	0.001
Negative	34 (50.0)	29 (87.9)	
<b>Antibody test</b>			
Only IgM positive	1 (0.8)	2 (1.7)	<0.001
Only IgG positive	15 (12.3)	4 (3.3)	
Both positive	64 (52.5)	15 (12.4)	
Both negative	42 (34.4)	100(82.6)	

Data are presented as frequency (%). \*EMS: Emergency Medical Services; CT: Computed Tomography; RT-PCR: Reverse Transcription Polymerase Chain Reaction.

**Table 3:** The relationship between the time interval between symptom onset and performing antibody rapid test and the result of chest CT-scan and/or RT-PCR test

Time interval (day)	Chest CT-scan and/or RT-PCR test	
	Positive (n=69)	Negative (n=31)
<b>IgM result</b>		
Positive	49.8±16.8	58.0±16.6
Negative	45.1±17.8	53.4±18.5
<b>P-value</b>	<b>0.291</b>	<b>0.504</b>
<b>IgG result</b>		
Positive	50.1±15.7	54.3±16.3
Negative	41.0±20.9	55.3±19.7
<b>P-value</b>	<b>0.074</b>	<b>0.952</b>

Data are presented as mean ± standard deviation. CT: Computed Tomography; RT-PCR: Reverse Transcription Polymerase Chain Reaction

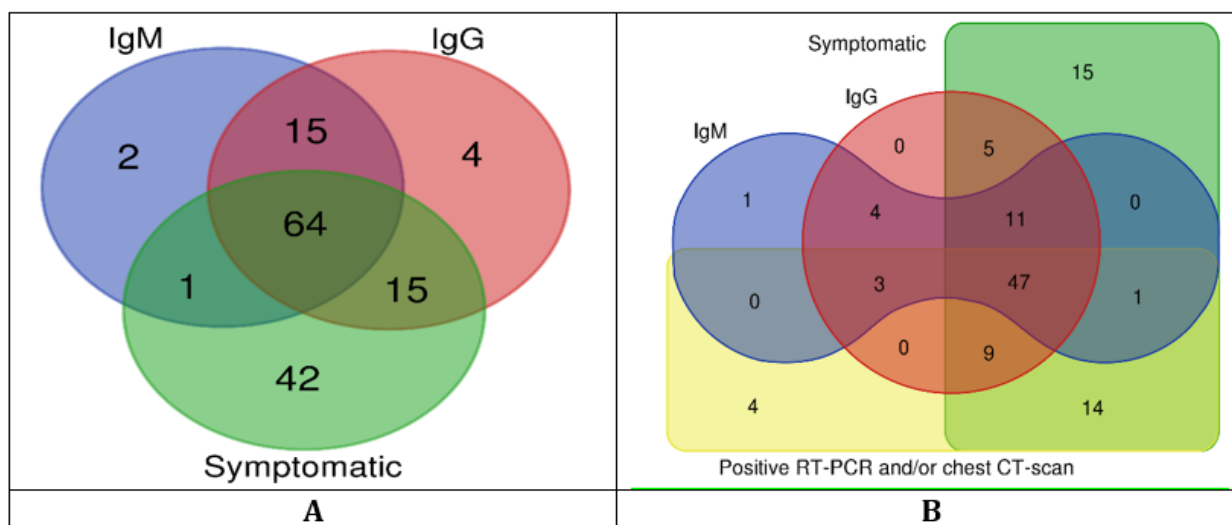
ing the combination of PCR and antibody test for diagnosing the COVID-19 patients (19, 21, 22, 25) Guo et al. stated that the rate of diagnosis of COVID-19 with combination of IgM and PCR test (98.6%) was higher than PCR test alone (51.9%) (19).

Our study stated that adding rapid antibody test decreased false negative cases, especially in asymptomatic ones. In this regard, a study in Italy showed that 44% of confirmed cases of COVID-19 based on laboratory tests, were asymptomatic (26). Some studies had also added serological tests, especially in asymptomatic patients or those with negative RT-PCR tests to increase the accuracy of COVID-19 detection (19, 20, 22). In this regard, Guo et al. conducted a study on 82 confirmed cases (based on positive quantitative PCR) and 58 probable cases (symptomatic patients with negative quantitative PCR) of COVID-19. They measured the level of IgM and IgG and showed that IgM and IgG were positive in 93.3% and 77.9% of samples, respectively. The positive result of IgM was observed in 75.6% and 93.1% of confirmed and probable cases, respectively (19). The lower positive results of antibodies in our study may be due to the shorter period of our study.

The stronger association between the results of rapid antibody test and CT-scan compared to the association between rapid antibody test and RT-PCR test may be due to the incorrect sampling of RT-PCR test, different sample types, using low quality and low consistent diagnostic tools, or untimely performance of the tests because the tests are mostly time sensitive (9, 21). Early diagnosis of COVID-19 in EMS personnel is of paramount importance to avoid spread of disease, especially to high-risk patients who receive the most common services of EMS. Therefore, it is highly recommended to use symptoms and signs, rapid antibody test and other diagnostic methods for ruling out COVID-19 and proper training of the EMS personnel is also of great value. In this study, eighteen cases whose COVID-19 had been confirmed in the previous two months had negative antibody test results. In this regard, the possibility of reinfection with COVID-19 should be considered.







**Figure 1:** (A) Venn diagram of positive symptoms related to COVID-19 and/or positive result of antibody rapid test in all participants (n=243); (B) Venn diagram of positive symptoms related to COVID-19 and/or positive result of antibody rapid test and/or positive RT-PCR and/or chest CT-scan in patients in participants who underwent chest CT-scan and/or RT-PCR test (n=163).

**Table 4:** The relationship between the results of rapid antibody test with performed diagnostic COVID-19 tests

Rapid test	Chest CT-scan			RT-PCR test		
	Positive (n=64)	Negative (n=85)	P	Positive (n=38)	Negative (n=63)	P
IgM positive	1 (1.6)	0 (0.0)	<0.001	0 (0.0)	1 (1.6)	<0.019
IgG positive	7 (10.9)	7 (8.2)		6 (15.8)	4 (6.3)	
Both positive	42 (65.6)	20 (23.5)		21 (55.3)	21 (33.3)	
Both negative	14 (21.9)	58 (68.2)		11 (28.9)	37 (58.7)	

Note: Data are presented as frequency (%).

**Table 5:** Screening performance characteristics of rapid test based on chest CT-scan and RT-PCR test as gold standards

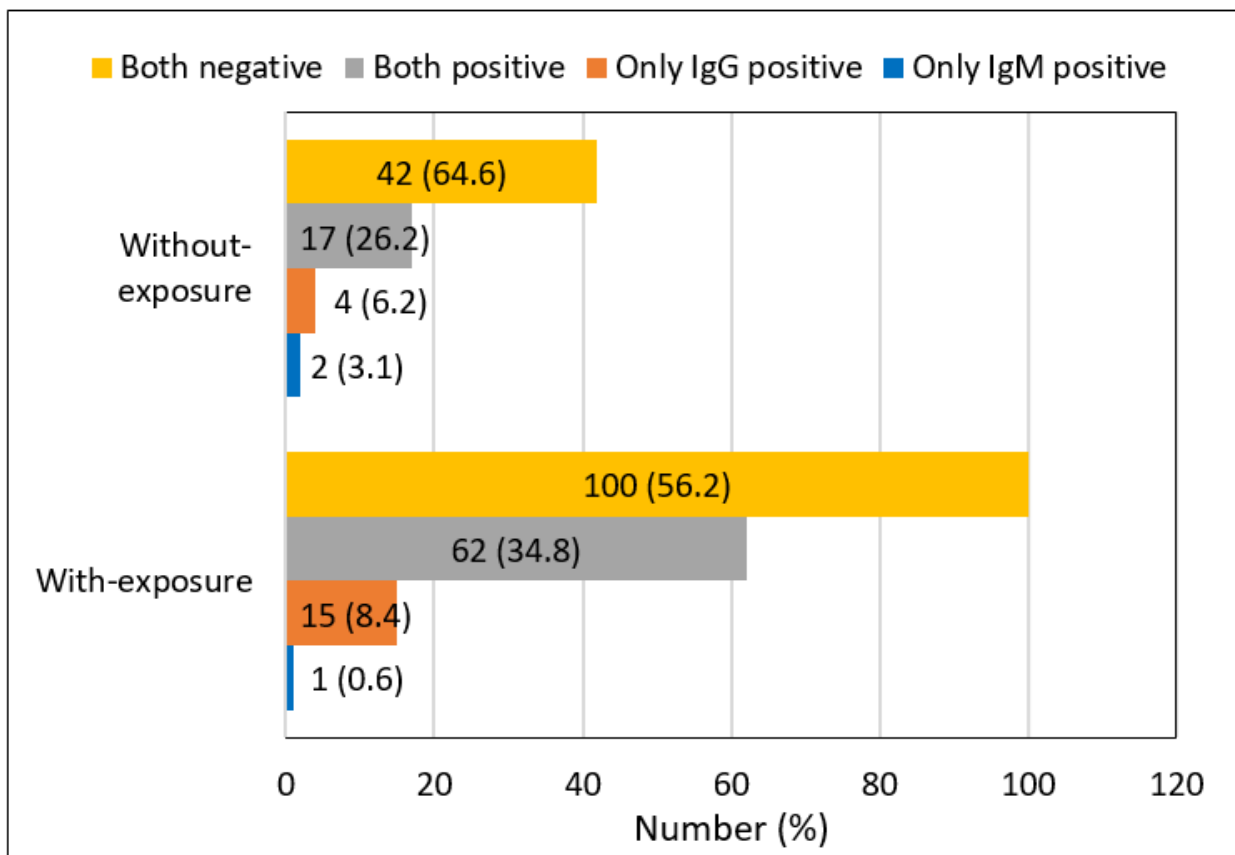
Variable	Chest CT-scan	RT-PCR test
	Value (95%CI)	Value (95%CI)
Accuracy	72.5 (65.2 - 79.7)	63.4 (53.8 - 72.9)
Sensitivity	78.1 (66.0 - 87.5)	71.1 (54.1 - 84.6)
Specificity	68.2 (57.2 - 77.9)	58.7 (45.6 - 71.0)
Positive likelihood ratio	2.5 (1.8 - 3.4)	1.7 (1.2 - 2.5)
Negative likelihood ratio	0.32 (0.2 - 0.5)	0.49 (0.3 - 0.8)
Positive predictive value	64.9 (53.2 - 75.5)	50.9 (36.8 - 64.9)
Negative predictive value	80.6 (69.5 - 88.9)	77.1 (62.7 - 88.0)

CT: Computed tomography; RT-PCR: Reverse Transcription Polymerase Chain Reaction; CI: Confidence interval.

## 5. Limitation

Given that the antibody assessment tests of the participants in this study were performed at different time intervals from the onset of their disease, this can affect the accuracy of the tests. Some of the participants with positive result of IgM on their antibody rapid test did not undergo RT-PCR test or ELISA test against medical advice. The interval between performing chest CT-scan and other tests was not consistent among the cases. Considering the impossibility of perform-

ing serial antibody tests from the first days of the onset of symptoms or exposure, the time since which immunological tests became positive was not clear. The kit of antibody rapid test was not officially approved. To date, there is no approved rapid antibody test in Iran and all kits are in the testing phase. However, the rapid tests used in this project have been reviewed in several reputable centers and its sensitivity and specificity have been evaluated as acceptable; but there was no official authorization for these tests. It is better to carry out a study with a large sample size on different



**Figure 2:** The results of rapid antibody test based on history of exposure with suspected and/or confirmed case.

populations and also with approved tests and kits in future studies.

## 6. Conclusion

Rapid antibody test could help in diagnosis of COVID-19 in asymptomatic EMS personnel. The positive result of rapid antibody test was more concordant with positive result of chest CT-scan than with positive result of RT-PCR test. Our study showed that being symptomatic was most concordant with the positive result of chest CT-scan and then with the positive result of RT-PCR test or rapid antibody test.

## 7. Declarations

### 7.1. Acknowledgements

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### 7.2. Author contribution

The conception and design of the work by PS, PHS, SMM and AB; Data acquisition by PHS and MJ; Analysis and interpretation

of data by PHS, SB, EA and AB; Drafting the work by SB, EA and MJ; Revising it critically for important intellectual content by PS, PHS, SMM and AB; All the authors approved the final version to be published; AND agree to be accountable for all aspects of the work, ensuring that questions related to the accuracy or integrity of any part of the work will be answered.

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This study was funded with a grant received from Tehran EMS Center.

### 7.4. Conflict of interest

None declared.

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