

# Isolated Primary Splenic Hydatid Cyst in a Six-year-old Boy: A Case Report

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Hydatid disease is a parasitic infestation caused by the larval form of *Echinococcus granulosus* and it remains a considerable public health problem in several Mediterranean countries such as Iran. Liver is the most common site of involvement. Lungs are the second most common sites of hematogeneous spread in adults and are probably the most common sites in children (15%-25% of cases). Primary hydatid cyst of the spleen is a rare entity. Here, we describe a case of primary splenic hydatid cyst in a six-year-old boy who was presented with left upper quadrant pain and swelling. Abdominal ultrasonography revealed a large cystic mass in the spleen. Computed tomography (CT) confirmed the primary splenic hydatid cyst. No other organ or system involvement could be demonstrated. Total splenectomy was performed for the patient.

**Keywords:** Tuberculosis; Splenic, Echinococcosis; Splenectomy; Ultrasonography; Tomography; X-Ray Computed

## 1. Introduction

Hydatid disease is a zoonotic illness and a significant problem in endemic areas. The disease is caused by the larval stage of *Echinococcus* tapeworm. The primary hosts are, usually dogs and the intermediate hosts are sheep and cattle. Human are an incidental host in the dog-sheep life cycle of the *Echinococcus granulosus*. The hydatid cysts grow to 5 - 10 cm in size within the first year and can be asymptomatic for years or even decades (1). In many patients, infection is detected only incidentally by imaging studies (2). When symptoms occur, they are usually due to the space - occupying effect of the cystic lesion in a confined space or complications such as rupture of the cyst (3). Liver and lungs are the organs most commonly affected by this disease, but the disease may be found in any organ (1). Primary infestation of the spleen by the parasite is a rare event and splenic involvement represents less than 2% - 5% of all cases of human hydatid disease in different areas (3, 4). Splenic involvement may be direct or indirect by the arterial route, once the parasite passes through the liver and lungs. Splenic hydatid cysts are usually solitary and their imaging features are similar to those of hepatic hydatid cyst in liver. We report on a six-year-old boy with primary splenic hydatid cyst, which is a rare event during childhood.

## 2. Case Presentation

A six-year-old boy was admitted to our general surgery clinic with a mass in the left upper quadrant of his ab-

domen. His mother reported that the mass had started to rapidly enlarge over the past three months. Family history was taken and it was discovered that he had been living in a rural area, with a dog in the house. His abdominal physical examination revealed enlargement of his spleen with an exophytic growing mass on the left side, with a mild tenderness at the left outer quadrant of the abdomen. He had no other abdominal complaints. His laboratory investigations, including blood complete picture, urine RE, blood electrolytes, liver functions tests were within normal limits. Abdominopelvic ultrasound showed a cystic mass with a smooth margin in the spleen measuring 6 x 6 x 7 cm with multiple internal septa originating from the spleen (Figure 1). Computed tomography (CT) scan of the abdomen demonstrated a multiloculated and non-enhancing regular cystic mass with no evidence of marginal calcification (Figure 2).

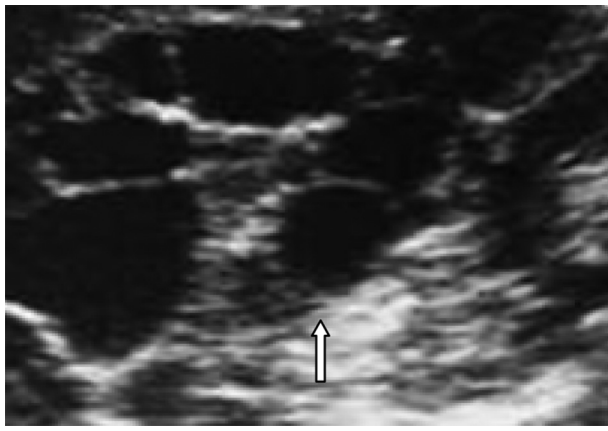
There was no evidence of a cystic mass in the other part of the abdomen such as the liver and peritoneum. The chest X-ray did not show any cysts. *Echinococcus* latex hemagglutination test and indirect hemagglutination test had positive results, 1:6000 and 1:2200, respectively. Our diagnosis was a splenic hydatid cyst based on imaging findings and hemagglutination tests. He was then referred to the surgical department for further management. Splenectomy was performed. A specimen was sent for histopathological diagnosis and the results obtained confirmed the diagnosis of splenic hydatid cyst.

### Implication for health policy/practice/research/medical education:

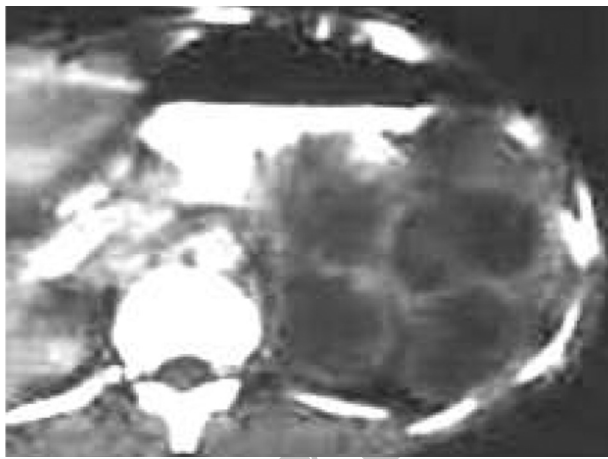
The study is conducted for medical educational purposes.

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The patient received albendazole and antibiotics, and was discharged after the 10th post-operative day with a regimen of albendazole. The patient had an uneventful post-operative recovery (Figure 3).



**Figure 1.** Ultrasound of the Upper Abdomen Demonstrating a Splenic Hydatid Cyst With Multiloculated Appearance



**Figure 2.** Abdominal CT Shows a Well-defined Cystic Mass With Multiloculated Appearance and No Evidence of Calcification



**Figure 3.** Pathological Specimen Confirmed the Hydatid Cyst

### 3. Conclusions

Hydatid disease, a worldwide zoonosis, is prevalent and widespread in most sheep raising countries in Asia, Australia, South America, in vicinity of East and Southern Europe (1). Two classes of parasites are mainly involved, Cestodea (flat worms, tape worms) and nematode (round worms). *Echinococcus granulosus* is a tapeworm and its adult form lives in the intestinal tract of infected dogs. Its eggs are excreted in the dog's faces and swallowed by intermediate hosts such as sheep, cattle or humans. Human may become infected either by direct contact with a dog or by ingestion of foods or fluids contaminated by the eggs. After ingestion, the eggs feed from their coating and larvae penetrates the mucosa of the jejunum reaching, via the venous and lymphatic channels, to every organ of the body (1, 5). Hydatid may develop in almost any part of the body. The location is mostly hepatic (75%) then pulmonary (15%) and only 10% occur in the rest of the body. Splenic hydatid disease is rare, especially in children and the incidence is reported between 2% - 3% and 5% by different authors. Splenic involvement of hydatid cyst has a reported frequency of 0.5% - 6% with abdominal hydatidosis (4, 6). Primary infestation of the spleen usually takes place by the arterial route after the parasite has passed the two filters, hepatic and pulmonary. A retrograde venous route, which bypasses the lung and liver, has also been reported. Secondary splenic hydatid disease usually follows systemic dissemination or intra peritoneal spread following ruptured hepatic hydatid cyst.

Hydatid disease is often manifested by a slow growing cystic mass. Splenic hydatid cysts are usually asymptomatic but may present as a painful mass in the left upper quadrant. The complications of splenic hydatid cyst are mainly infection, intra-abdominal rupture and festulization to the bowel, mainly colon. Rupture of the cyst leading to spleno thoracic fistula has also been reported. Hydatid disease can involve the brain, bones, genital system, bowels, subcutaneous tissue, peritoneal cavity, the heart and soft tissues. In children the lung appears to be the most common site of involvement. Hydatid cysts with unusual localization may cause serious problems in the differential diagnosis (4, 6). Anaphylactic reactions due to rupture of the cyst are also reported leading to fever; in addition purist dyspnea has also been described with splenic involvement (5, 7). Hydatid cysts may be single or multiple, uni or multiloculated. Specific signs include visualization of calcification of the cyst wall, the presence of daughter cyst, and membranes detachment. The main differential diagnosis of splenic hydatidosis is splenic cystic lesions such as pseudocyst, hematoma, abscess and cystic neoplasms. Biochemical and hemagglutination tests may be helpful and eosinophilia may be the finding on hematological investigation (1, 3).

Marginal or crumpled eggshell like calcifications in the splenic area on abdominal or chest radiograph are suggestive of splenic hydatidosis (1, 2, 8). Sonography may reveal

a solitary unilocular lesion or rarely multiple well defined anechoic, spherical cystic lesions with hyper echoic marginal calcification. Sonography is helpful in detecting the daughter cyst, cystic membranes, septa and hydatid sand. When the fluid pressure in the cyst becomes too high, dissections may occur resulting in detachment of the parasitic membranes. At this stage undulating membranes can be seen on ultrasound and CT. This is known as the snake or serpent sign and is usually better seen in ultrasound than CT. At a more advanced stages, the membrane appears twirled and twisted on imaging, which is known as the spin or whirl sign. CT may show the cystic lesion with or without daughter cysts within the spleen with an attenuation value near that of water without any contrast enhancement (9). Although there are a variety of pathognomonic signs of hydatid disease on imaging, they are not always present (10). Imaging when combined with serological tests like enzyme-linked immunosorbent assay (ELISA), indirect hemagglutination and immunoelectrophoresis can lead to a successful diagnosis of splenic hydatid cyst in 90% of cases (6). Surgical treatment has traditionally been the mainstay of therapy of splenic hydatid cyst. The standard treatment is partial or total splenectomy. In our case we preferred total splenectomy because of the following reasons:

1. In large splenic cysts the splenic parenchyma is significantly reduced due to pressure atrophy.

2. The thickened fibrous membrane as seen in hepatic hydatid cysts is quite thin and fragile, so the risk of intra operative rupture is high especially in large cysts if a conservative approach is adopted during surgery.

Spleen preserving surgery can be safely performed for some selected hydatid disease if the location of the cyst is peripherally or the cyst is small (11). Both these factors were absent in our patient. Bleeding is the most common complication of spleen preserving surgery. Complications of splenectomy such as hemorrhage, pancreatic or gastric injuries, thromboembolic phenomena and post splenectomy infection have been reported. Due to the risk of post splenectomy infection, which is approximately 10%, some surgeons prefer conservative surgery. Medical treatment seems to be ineffective and albendazole therapy is the mainstay of treatment in post-operative follow up (7, 11). Our patient was treated with albendazole for 40 days after splenectomy, and the patient had a good recovery and uneventful course. With the advances in laparoscopic sur-

gery, laparoscopic splenectomy is being increasingly performed at advanced laparoscopic centers. However, some authors believe it is unsafe due to the risk of anaphylactic shock and intra-peritoneal dissemination, which can occur during an uncontrolled cyst puncture (7). We conclude that splenic hydatidosis, although rare, should always be kept in mind while dealing with splenic cystic lesions especially in endemic areas. Being familiar with imaging findings and performing serological tests can help establish the diagnosis of hydatid cyst.

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