An interdisciplinary query on the bedroom design principles referring to narrative teachings of Islam

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Abstract

The Holy Quran and hadiths as the most important Islamic religious texts have significant capacities in various fields of human knowledge which have been often neglected. Among the issues raised in this religious texts are some of architectural problems. One of these problems is quality of bedroom design. In this article, this problem will be probed by citing verses and hadiths to deduct bedroom design principles. These principles will be presented in four main areas, including location, geometry, light and color.

Search in religious texts is done by using two main sources. To search in the verses, the holy Quran has been used to gather verses which are related to the problem of this article especially verses related to the introduction of night and its features and to explore hadiths, "Jame-al-ahadith" software has been used which contains hundreds of narrative books. After searching the key words related to the bedroom design, those verses and hadiths that allow inference architectural results were analyzed using qualitative content method and finally, the results of this analysis are explained in the presented table in conclusion section of the article.

The most important verses discussed in this article are the verses related to night, because it seems that the bedroom (as sleeping location) and night (as sleeping time), have common features. Some of these verses are as follows: «He splits the sky into dawn. He has ordained the night for rest and the sun, and the moon for reckoning. Such is the ordinance of the Almighty, the Knowing» (Sura 6/ Verse 96); «He it is who has made the night for your rest and the day to see. Surely, in this there are signs for people who listen» (Sura 10/ Verse 67); «Have they not seen how We have made the night for them to rest in and the day to see? Surely, there are signs in this for the nation who believe» (Sura 27/ Verse 86); «It is He who has appointed the night a mantle for you and sleep for a rest. The day He has appointed for rising» (Sura 25/ Verse 47).

In addition to above verses, some other verses like these verses are related with topics such as

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location, color and light of bedroom: «Believers, let those your right hand owns and those who have not come of age ask permission of you three times before the dawn prayer, when you put aside your garments, in the heat of noon, and after the night prayer. These are the three occasions of privacy. There is no fault in you or them, apart from these, that they go about you, you are of each other. As such Allah makes plain to you His verses, Allah is the Knower, the Wise. And when children reach the age of puberty, let them ask permission as those before them asked permission. As such Allah makes clear to you His verses. Allah is the Knower, the Wise»(Sura 24/ Verses 58-59); «When you depart from them and from what they worship, other than Allah, seek refuge in the Cave. Allah will extend His Mercy to you and will furnish you with a gentle issue of your affair. You might have seen the rising sun incline towards the right of their Cave, and, as it set go past them on the left, while they stayed within an open space in the Cave. That was one of the signs of Allah. He whom Allah guides is rightly guided; but he whom He leads astray you shall not find for him a guardian to guide him» (Sura 18/ Verses 16-17); «)Call on your Lord, < they said, <to make known to us what her color shall be.' <Your Lord says: The cow is yellow, a rich yellow pleasing to the onlookers» (Sura 2/ Verses 69).

In this article, by analyzing the above verses, bedroom design principles are deduced (For position, geometry, color and light of bedroom). Implementation of this article results not only helps to better performance of bedrooms, but also is a step forward towards the achievement to original Islamic architecture.

Keywords: bedroom, position, geometry, light, color, narrative teachings of Islam.

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