

Serotypes of Enteropathogenic *Escherichia coli* Isolated from Children Under 5 Years of Age

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(Received 2 Mar 2009; accepted 11 Aug 2009)

Abstract

Background: The purpose of this study was to find out the frequency of different serotypes of enteropathogenic *Escherichia coli* (EPEC) among healthy/diarrheal cases.

Methods: A total of 191 strains, 111 from diarrheal and 80 from asymptomatic persons were examined. Determination of the EPEC serogroups was performed by agglutination tests using polyvalent and monovalent O antiserum. PCR-RFLP analysis of the flagellin-encoding (*fliC*) gene and agglutination tests using polyvalent and monovalent sera against H antigens (H1 to H 56) according to the instructions of the manufacturer was performed.

Results: Seventeen (8.9%) strains were non-motile and untypable with conventional serotyping method that showed as H-. Forty-three *fliC* restriction patterns were found for motile and non-motile serotypes. Each motile serotype was characterized by one or two *fliC* specific restriction patterns. O142:H48 (6.8%), O86:H48 (6.3%), O111:H21 (4.7%) and O127:H21 (4.2%) were the most prevalent serotypes, and O55:H12/45, O86:H48, O127:H21, O142:H48, O126:H48 and O126:H19 serotypes were the most frequently agents in diarrheal cases, compared to asymptomatic children ($P < 0.05$). There were common EPEC serotypes in diarrheal and asymptomatic children, however some serotypes either found only in diarrheal cases or isolated from asymptomatic persons.

Conclusion: Some serotypes were isolated more frequently from diarrheal cases than asymptomatic persons. The conventional serological method using antisera is the basis for the H typing system in *E-coli*, but it is impossible to serotype non-motile bacteria. PCR-RFLP analysis of *fliC* gene is a practical method in identifying the H variant in motile and non-motile EPEC serotypes and is useful for epidemiological studies.

Keywords: Epidemiology, EPEC Serotypes, *fliC* gene, PCR-RFLP, Diarrhea

Introduction

Diarrhea is one of the most common causes of morbidity and mortality among infants and children in developing world (1). Enteropathogenic *Escherichia coli* (EPEC) strains are diarrheagenic *E-coli*, which usually are classified by a combination of oligosaccharides (O), flagella (H), and capsular (K) antigens. They are associated with outbreaks of infantile diarrhea among children in developing countries (2-4). In contrast to the limited importance of EPEC in industrialized countries, EPEC is a major cause of diarrhea in developing countries (5). Studies in Brazil (6), Mexico (7), and South Africa (8) have shown that 30-40% of infant diarrhea can be accredited to EPEC. These strains are also an important cause

of disease in nosocomial outbreaks, outpatient clinics, patients referred to hospitals, and in urban and rural areas (5).

Classification of EPEC by O and H antigens or serotyping is an important epidemiological tool. Although serotyping offers a very specific and reliable method for classification of EPEC serotypes, identification of the total serotypes is a time consuming process, needs expert technicians, requires large panel of specific H antisera, is subjective and cross-reactive and is limited to a few reference laboratories all around the world, and it fails to identify non-motile strains (9). Non-motile strains are relatively common among EPEC serogroups (6, 10) and are not type able with the traditional antisera; these strains should

be marked as “H⁻”. However, by using the restriction analysis of *fliC* gene (encoding flagellin) both motile and non-motile strains of *E. coli* and EPEC are type able (9, 11, 12). This method has been used to characterize flagellin genes from other bacterial species (13-15).

The *E. coli* species consist of various serotypes, ranging from highly pathogenic to nonpathogenic strains. It has also been noted in a number of studies (16), that certain serotypes are far more likely to be associated with some of the virulence factors of diarrheagenic *E. coli*, than other serotypes.

The purpose of this study was to find out the frequency of different serotypes among healthy/diarrheal cases in two provinces at the northern and south-west of Iran.

Materials and Methods

Strains of *E. coli*

Fecal specimens were obtained from randomly selected children aged less than 5 yr old, with diarrhea and without clinical symptoms who were currently not taking any antibiotics therapy in Golestan Province (Northern Iran) and Ilam Province (south-west Iran) in 2003. Diarrhea was defined as three or more liquid or semi liquid stools defecation per day. The healthy children had not any gastrointestinal symptoms for at least one week prior to the collection of the specimens. Stool specimens were collected on swabs, and transported to the laboratory in Cary Blair medium.

Characterization of *E. coli* strains

The stool specimens were inoculated onto MacConkey agar plates and incubated at 37 °C for 24 h. Three to five colonies of each sample identified by biochemical assay (17) as *E. coli* were selected for subculture and serogrouping. Determination of the EPEC serogroups and the flagella antigens was performed by agglutination tests using polyvalent and monovalent sera against O antigens (O26, O55, O86, O111, O114, O119, O124, O125, O126, O127, O128, O142) and flagella H antigens (H1 to H56) according

to the instructions of the manufacturer (Bio-Rad Co and Statens Serum institute, Copenhagen, Denmark, respectively). A strain giving clumping with 4% saline was defined as rough.

Amplification of the *fliC* gene

The entire coding sequence of the *fliC* gene was amplified by PCR with the primers: fFSA (5'-CAA gTC ATT AAT ACA AAC AgC C-3') and rFSA (5'-gAC ATA TTG gAC ACT TCg gT-3') designed for detection of flagella antigen encoded gene in *E. coli* strains (9). A 50µl reaction mixture contained 1 µl of template DNA (approximately 50 ng), 25 Pmol of each primer, 200 µM deoxyribonucleotide triphosphate mixture (Fermentas), 8µl of 10X PCR buffer (Fermentas), 1.5 mM MgCl₂, 2.5U of Taq polymerase (Fermentas). The standard cycling condition after the initial denaturation step of 5 min at 94 °C, were 1 min at 94 °C, 1 min at 57 °C, and 2 min at 72 °C for 35 cycles and final extension step of 5 min at 72 °C. For some strains, the annealing temperature was reduced to 54 to 55 °C to increase the amount of product that was amplified. PCR products (10 µl) were separated by electrophoresis in 0.8% agarose gel (Bioprobe) in Tris-borate buffer (0.089 M Tris-base, 0.089 M boric acid, 2.5 mM EDTA-Na₂, pH 8), with the 1 kbp DNA ladder (Fermentas) as a molecular size marker. There was second band in some strains. To prevent the amplification of the second band, we used stringent annealing temperature at 57 °C.

Restriction patterns

The *fliC* PCR product was digested with *Hha*I restriction endonuclease (Roche) according to the manufacturer's instructions and incubated overnight at 37 °C. The restriction fragments were separated on a 2% agarose gel (1% standard agarose, Bioprobe and 1% Metaphor agarose, FMC Bioproducts) for 5 h at 5V/cm. A 100 bp (Fermentas) and 50 bp (Roche) DNA ladder were used as a molecular size marker. The restriction fragments were stained with ethidium bromide. An image file was generated and saved as TIFF format. Analysis and interpretation of patterns were

done using the Taxotron package. This package contains the data of all O:H serotypes (Taxolab, Institut Pasteur, Paris, France).

Statistical methods

The χ^2 test was used to verify differences between groups (statistical significance, $P < 0.05$)

Results

The EPEC strains were isolated from 44.9% of the children with diarrhea versus only 7.2% of healthy individuals ($P < 0.05$). The 191 EPEC strains belonged to 11 serogroups and 35 serotypes (H-types). The O:H serotypes found in this study are listed in Table 1. Seventeen (8.9%) strains were non-motile and untypable with conventional serotyping method that marked as H⁻ (Table 2). The O142:H48 (6.8%), O86:H48 (6.3%), O111:H21 (4.7%) and O127:H21 (4.2%) were the most prevalent serotypes, followed by serotypes O111:H⁻ and O55:H12/45 (each identified in 3.1%) and O111:H9 (2.6%) and O119:H⁻, O86:H30, O111:H2 (each identified in 2.1%) (Table 1). However, serotypes O55:H12/45, O86:H48, O127:H21, O142:H48, O126:H48 and O126:H19 were the most frequently identified agents in diarrheal cases, compared to asymptomatic children ($P < 0.05$).

RFLP patterns for the fliC gene

The flagellin gene was amplified in 191 EPEC strains. Most EPEC strains produced a single band ranging from 0.9 to 1.8 kb. Forty-three restriction patterns were obtained for 191 motile and non-motile strains under study. The RFLP patterns (F type) for each serotype (Fig. 1) in the different O serogroups is shown in Table 2. A distinct pattern was associated with each of 25 H types (Table 1). However, one pattern (F12/45) was shared by two H types (H12 and H45). For some of the flagellar types, more than one RFLP pattern was observed (Table 1). RFLP patterns of 17 non-motile EPEC strains were identical to some of those observed for the motile strains (Table 2). The distribution of EPEC serotypes in diarrheal and asymptomatic children is shown in Table 3. The number of each O:H serotypes found in each group are given in parenthesis. Of all, three were common serotype in both groups, however some serotype found only in diarrheal cases or isolated from healthy/asymptomatic persons. A characterization rate of 82 different serotypes from 191 isolates is shown in Table 3.

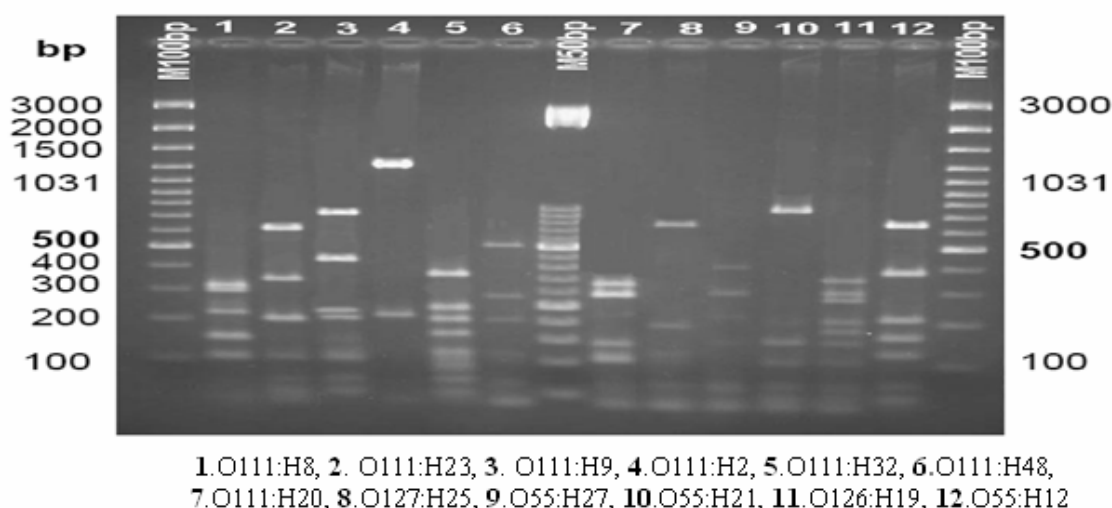


Fig. 1: HhaI restriction profiles of amplified fliC genes

Table 1: *flic* gene restriction analysis of motile EPEC serotypes

| Serogroups (No) | H-type (No) | F-type (No) |
|-----------------|--|--|
| O26(6) | H25(1), H29(1), H28(1), H12/45(1), H33(1), H10(1) | F25a(1), F29 (1), F28(1), F12/45(1), F33(1), F10(1) |
| O55(13) | H27(2), H21(1), H34(2), H12/45(6), H48(2) | F27(2), F21c(1), F34(2), F12/45(6), F48(2) |
| O86(22) | H4(1), H18(1), H30(4), 48(12), H19(1), H17(2), H9(1) | F4a(1), F18(1), F30(4), F48(12) F19c(1), F17(2), F9a(1) |
| O111(48) | H8(2), H20(2), H34(2), H12/45(2), H10(2), H21(9), H18(1), H28(2), H24(1), H9(5), H48(1), H14(2), H3(2), H6(2), H43(1), H19(1), H23(1), H17(1), H37(2), H2(4), H4(2), H26(1) | F8b(2), F20(2), F34(2), F12/45(2), F10(2), F21a(1), F21b(1), F21c(7) F18(1), F28(2), F24(1), F9a(5), F48(1), F14(2), F3(2), F6(2), F43(1), F19a(1), F23(1), F17(1), F37(2), F2a(3), F2c(1), F4a(2), F26(1) |
| O114(3) | H10(2), H2(1) | F10(2), F2a(1) |
| O119(4) | H34(1), H23(1), H4(1), H27(1) | F34(1), F23(1), F4a(1), F27(1) |
| O125(2) | H15(2) | F15(2) |
| O126(9) | H2(1), H28(2), H: unknown (1), H19(3), H20(1), H38(1) | F2a(1), F28(2), F: unknown (1), F19a(3), F20(1), F38(1) |
| O127(32) | H25(1), H47(3), H6(2), H10(2), H4(2), H9(2), H19(1), H11(1), H4 (1), H42(1), H17(1), H20(1), H37(1), H21(8), H28(2), H32(2), H2(1) | F25b(1), F47a(3), F6(2), F10(2) F4a(2), F9a(2), F19a(1), F11(1), F4a(1), F42(1), F17(1), F20(1), F37(1), F21a(3), F21b(5), F28(2), F32(2), F2a(1) |
| O128(6) | H2(1), H9(1), H10(2), H12/45(2) | F2a(1), F9a(1), F10(2), F12/45(2) |
| O142(29) | H37(1), H42(2), H6(3), H48(16), H7(3), H11(2), H5(1), H17(1) | F37(1), F42(2), F6(3), F48(16), F7(3), F11(2), F5(1), F17(1) |

Table 2: *fliC* gene restriction analysis of non-motile EPEC serotypes

| Serogroups (No) | H-type (No) | F-type (No) |
|-----------------|--------------------|--|
| O55(1) | H ⁻ (1) | F2a(1) |
| O86(1) | H ⁻ (1) | F21a(1) |
| O111(6) | H ⁻ (6) | F6(1), F12/45(1), F9a(1), F2a(1), F32(1), F48(1), |
| O119(4) | H ⁻ (4) | F26(1), F9a(2), F44(1) |
| O125(1) | H ⁻ (1) | F12/45(1) |
| O126(1) | H ⁻ (1) | F2a(1) |
| O127(1) | H ⁻ (1) | F21a(1) |
| O142(2) | H ⁻ (2) | F33(1), F48(1) |

Table 3: Distribution of EPEC serotypes in diarrheal and asymptomatic children

| Serogroups (No) | Diarrheal (No) | Asymptomatic (No) |
|-----------------|--|--|
| O26(6) | H25(1), H29(1), H28(1), H10(1) | H12/45(1), H33(1) |
| O55(14) | H21(1), H34(1), H12/45(6), H48(2) | H27(2), H34(1), H2. NM(1) |
| O86(23) | H18(1), H30(1), 48(11), H19(1), H17(2), H9(1) | H4(1), H30(3), H48(1), H21. NM(1) |
| O111(54) | H10(2), H21(3), H18(1), H24(1), H9(2), H48(1), H3(1), H6(2), H37(1), H2(3), H4(1) | H8(1), H20(1), H34(1), H12/45(1), H12/45. NM(1), H21(6), H28(2), H9(3), H9. NM(1), H48. NM(1), H14(2), H3(1), H6(1), H6. NM(1), H43(1), H19(1), H23(1), H17(1), H37(1), H2(2), H2. NM(1), H4(1), |
| O114(3) | H2(1) | H10(2) |
| O119(8) | H23(1), H4(1), H27(1), H44. NM(1) | H34(1), H26. NM(1), H9. NM(2) |
| O125(3) | H15(2) | H12/45. NM(1) |
| O126(10) | H2(1), H28(2), H: unknown (1), H19(2), H20(1) | H19(1), H38(1), H2. NM(1) |
| O127(33) | H25(1), H47(1), H6(1), H10(1), H9(1), H19(1), H4 (1), H37(1), H21(8), H21. NM(1), H28(1), H32(1), H2(1) | H47(2), H6(1), H10(1), H4(2), H9(1), H11(1), H42(1), H17(1), H20(1), H28(1), H32(1) |
| O128(6) | H9(1), H10(1), H12/45(1) | H10(1), H12/45(1), H2(1) |
| O142(31) | H42(1), H6(1), H48(13), H48. NM(1), H7(1), H11(1), H5(1), H17(1), H33. NM(1) | H37(1), H42(1), H6(2), H48(3), H7(2), H11(1) |

Discussion

Diarrhea is a significant problem all around the world and is responsible for considerable morbidity and mortality, especially in the developing countries (18). Diarrhea also is a problem in the some developed countries, but the course of the disease is generally mild, and the mortality has decreased. However, the expenditure of medical care and the absence of patients from work or school cause financial losses. Moreover, in recent years the diarrhea outbreaks have increased in the industrialized countries. Recently it was reported in England that infectious intestinal disease reaches to 20% each year (19).

The EPEC strains were isolated from 44.9% of the children with diarrhea versus only 7.2% of healthy individuals ($P < 0.05$). The results showed that EPEC continues to be associated with infantile diarrhea in our area.

Systematic O serotyping of *E. coli* began in the early 1930s (5), and many studies showed that the O serotype of *E. coli* are generally associated with pathogenesis (20-21). O serotyping became important tools to classify *E. coli* in clinical settings. It has been shown repeatedly that antigenic typing of *E. coli* is extremely useful in epidemiological studies (9, 22-24). A characterization rate of 82 different serotypes from 191 isolates

(Table 3) suggest that the mean number of each serotype isolated is around two. The serotypes found can thus be divided into two groups, those isolated singly and those found twice or more frequently in this study. This study shows the variety of EPEC serotypes in children with and without diarrhea. However, there are certain serotypes, which are much more likely to be encountered in diarrhea than others. Serotypes O55:H12/45, O86:H48, O127:H21, O142:H48, O126:H48 and O126:H19 were significantly associated with diarrhea in children ($P < 0.05$). Serotypes O55:H6 and O111:H2 (12), O111:H2 (25) and O111: H⁻ (2) were reported as most frequent isolates in different geographical areas. These data show that some EPEC serotypes have been clearly associated with infantile diarrhea since the time these bacteria were first described.

A strong relationship between serotypes and pathotypes of *E. coli* has been widely reported (16). Many virulence factors are plasmid or phage mediated and there are apparently a strong correlation between strains of certain serotypes carrying certain virulence factors (23). It was found a strong relation between O157:H7 serotype and shiga toxin and it were found also that common ovine Shiga toxigenic *E. coli* (STEC) serotypes and human isolates of the same serotype have the same toxin type (26). This association suggests that there is a strong connection not just between serotype and pathotype but also between serotype and the subtypes of some virulence factors. In spite of this data, we need more studies to elucidate the association of EPEC serotypes and diarrhea. These studies should be done in different areas all around the world and all EPEC isolates should be fully serotyped according to O and H antigens.

Rapid and reliable detection and typing methods are required for successful microbiological surveillance and investigation of infectious diseases. Traditionally, pathogenic bacteria from stools have been analyzed using conventional culturing methods and O and H serotyping, which are time-consuming and laborious, needs a lot of antisera and only a few reference centers in the world are

able to provide a full serotyping service for *E. coli*, and flagella typing is not applicable for non-motile strains. Furthermore, some isolates are generally not very motile and their flagellation needs to be enhanced by several passages on semisolid agar. In comparison to traditional serotyping method, the DNA based typing methods is high throughput, specific, and sensitive and also avoids most cross-reactions (27). They enable the analysis to be done within 24 h, or even within one working day, and provide more specific detection of the desired organism (5, 27). Our study showed that the *fliC* gene could be amplified in all EPEC strains and *HhaI* restriction analysis of the *fliC* gene could be used for a flagella identification system. Because *fliC* gene restriction patterns can be obtained in any laboratory equipped with a thermocycler and electrophoresis apparatus, identification of RFLP patterns is likely to be more readily available than serotyping. Nevertheless as with traditional serotyping, this technique has its limit in distinguishing H12 and H45. The RFLP analysis has a number of advantages over serotyping: It is less time-consuming, it eliminates the troublesome use of series H antisera that usually is expensive, and it allows finding the serotype of non-motile strains that are rather frequent in some EPECO serogroups. Our study showed both the large variety of *E. coli* serotypes present in the diarrheal cases and healthy persons but also that some serotypes appear more frequently in diarrheal cases. Since it seems there is association between certain serotype and diarrheal diseases, it is important to make compile the data regarding serotypes of diarrheagenic *E. coli* present in infectious cases and healthy human intestine especially in infant and children.

Acknowledgments

The authors are thankful to Miss F Shoraj, and Mr M Aslani for technical help Dr H Shojaei for critical discussion. The authors declare that there is no conflict of interests.

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