

Assessment of ambient air quality in Bishnumati corridor, Kathmandu metropolis

K. Simkhada, *K. Murthy V and S. N. Khanal

Department of Biological Sciences and Environmental Science, Kathmandu University, Dhulikhel, Kavre, Kathmandu, Nepal

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Abstract

The Kathmandu valley urban area is growing as a metropolis. Bishnumati corridor in Kathmandu valley is a target of increased pollution. The unabated solid waste land-filling on either side of the river-bank and animal slaughter houses and biological waste arising from these activities, busy commercial and high residential density characterize the corridor. Six areas, namely Teku Dovan, Kalimati Bridge, Kankeswori, Shova Bhagwati, Balaju and New Bus Park areas, all areas falling within the Bishnumati corridor were selected to measure air quality representing corridor. The pollutants quantified were respirable particulate matter – PM_{10} , sulphur dioxide and oxides of nitrogen. The air-borne microbial flora and fungi load quantification were also carried out. Teku Dovan ($918.92 \mu\text{g}/\text{m}^3$) and Shovabhadragavati areas ($847.45 \mu\text{g}/\text{m}^3$) showed higher levels of particulates. Kankeswori area showed highest levels of aerial bacterial ($3.7 \times 10^7 \text{ cfu}/\text{m}^3$) and fungal load ($4.8 \times 10^8 \text{ cfu}/\text{m}^3$). The PM_{10} levels at all the sites are substantial and fall in the categories of 'Harmful' and 'Hazardous' quality of air suggesting that the corridor needing intervention to minimize the risk from air pollution. Non-judicious open-air combustion of the solid waste contributes to air pollution. Heavy traffic and few roads not clad with asphalt; perceivable mal-odor and persistent stench emanating from the indiscriminate disposal and consequent putrefaction processes, dense population and increased commercial activities are other principal contributing sources to the resulting pollution of the corridor. In view of this status, mitigating measures to minimize exposure to the toxicants in the corridor is a necessity.

Key words: Particulate Matter PM_{10} , air quality, corridor, valley, microbial flora

*Corresponding Author, E-mail: vkm@ku.edu.np

Introduction

Urbanization and industrialization have brought together large concentrations of people in small areas. Cities are the focus of many environmental problems, owing to density of energy use and occupation (Brimblecombe, 2001). In the past decade, Kathmandu has gone through rapid and haphazard urbanization. The urban centers of Kathmandu valley harbors huge encroachment of vehicles, establishment of industries and burning of biomass that contribute to its atmosphere. Concentrations of pollutants emitted build up to levels significant to cause adverse effects on plant, animal and human health. Pollution concentrations of urban centers of Kathmandu are reaching the point of potential serious consequences. Dust, smoke and various toxic gases have threatened our existence and well-being. So, it is important to monitor the quality of air around us before implementing preventing and controlling measures of air pollution.

Ambient air quality monitoring:

Air is ubiquitous. Urban focal points are contaminated with Particulate Matter (PM_{10})

densities. The other pollutants present in the core city areas are oxides of sulfur and nitrogen and carbon monoxide. World Health Organization (WHO) and European Union (EU) have set ambient Air Quality Standards. Similarly there is National Ambient Air Quality Standards (NAAQS) for Nepal. Any pollutant exceeding this standard limit is considered harmful to human health and benign to ecosystem.

Kathmandu valley and ambient air:

The valley is especially vulnerable to air pollution since the bowl like topography of the valley restricts wind movement and retains the pollutants in its atmosphere. This is more prominent during winter when thermal inversion prevails (Regmi, 2003). The main problem of Kathmandu's ambient air is the high concentration of particulate matter. The Ministry of Population and Environment (MoPE) estimates that the PM_{10} emission from vehicles in Kathmandu has gone up by more than 5 times, from 570 tons per year to 3,259 tons per year, in the past ten years. The latest inventory states that vehicular emission

contributes to 67 percent of the PM₁₀ in Kathmandu valley. Particulates of smaller size and mass are persistent in the environment and exert health impact to exposed resident population in urban setting (Kinney, 2000). As is the case with many urban areas, Kathmandu city also has some vulnerable areas plagued with consistently higher concentration of pollutants, particularly particulate matter pollution. The objectives of the study were to quantify air pollutants - PM₁₀, SO₂, and NO_x in Bishnumati Corridor; estimating pollutant levels with time and space and to quantify air borne microbes within the Bishnumati corridor of Kathmandu valley metropolis.

Materials and Methods

The site was Bishnumati corridor, is a stretch of approximately 6 km spanning north to the south direction of the Kathmandu Valley, extending from Gongabu Bridge near New Bus Park in the north to Teku Bridge in the south. The site was selected so that it can reflect the ambient air quality of the Bishnumati corridor (Pokhrel, 2004). *Air sampling sites:* There were altogether six air sampling stations selected in Bishnumati corridor, they were: Teku Dovan (BA01), Kalimati Bridge (BA02), Kankeswori (BA03), Shova Bhagwati, Indreni Temple (BA04), Balaju (BA05), New Bus Park, Gongabu (BA06).

Teku Dovan (BA01):

Bagmati River and Bishnumati River meet at Teku Dovan. The vicinity was full of dumped wastes producing nuisance and smell. There were very less number of vehicles as the bridge over the Bishnumati River is partially damaged, but the Bishnumati link road was seen quite busy with heavy trucks carrying solid wastes. The monitoring site was very close to the Bishnumati River and the monitoring equipment was kept above the bridge.

Kalimati Bridge (BA02):

Kalimati is one of the busiest urban centers of Kathmandu city. Large number of vehicles moves on the road. Vehicle encroachment and dust blowing from graveled road on the bank of Bishnumati River are chief sources of particulate matter, oxides of nitrogen and sulphur. Municipal sewers are the point sources of water pollution, bad smell and nuisance. The air monitoring equipment was kept on the roof of the public toilet and the collecting device of the sampler faced towards the bridge.

Kankeswori (BA03):

The site comprises slaughterhouses on the bank of Bishnumati River. People inhabiting there are of ethnic minority. The place is full of dumped animal wastes chiefly from slaughterhouses and animal carcasses. The place gives pungent smell due to unmanaged dumping of wastes. The monitoring equipment was kept on the roof of the public toilet and the head of the sampler was faced towards the graveled Bishnumati link road.

Shova Bhagwati, Indreni Temple (BA04):

There are three temples (Shova Bhagwati Temple, Indreni Temple and Vijeswori Temple) in this area. The monitoring equipment was kept on the roof of a shop in front of Indreni Temple, near the road. At this site, two roads, one from Vijeswori area and other is the Bishnumati Link Road meet together. The road from Vijeswori area is a busy road with many vehicles. The head of the sampler was faced towards the road.

Balaju (BA05):

The site is also one of the busiest areas of Kathmandu city with vehicular traffic. In addition to vehicle exhausts, Balaju Industrial District (BID) is also the source of air pollution in this area. The monitoring equipment was kept at about 25 feet above the road and the head of the sampler was faced the road.

New Bus Park, Gongabu (BA06):

The site is the junction for vehicles coming in to the Kathmandu valley and going out of the valley. The road is busy for almost 24 hours. The monitoring equipment was kept on the roof of the guardhouse at the entrance of New Bus Park.

The air monitoring and analysis:

Low Volume air Sampler (LVAS), Model Pawan Tara (Developmental Alternatives, 2002), a compact, portable, indoor-cum-outdoor air sampling equipment capable of sampling ambient air for continuous eight hours per battery charging was used. The equipment could sample simultaneously particulates as well as gaseous pollutants. The equipment was stationed at a height of 10 to 25 feet from the ground level during the sampling periods on various sites. In the present study, particulate matter with mean mass diameter of 10 micrometers (PM₁₀), Sulphur dioxide (SO₂) and Oxides of nitrogen (NO_x) were monitored in the selected air sampling sites for a continuous

Table 1: Monitoring air pollutants and analysis

Pollutant sampled	Air sampling and analysis
Particulate Matter (PM ₁₀)	Glass Fibre filter discs (Millipore GF/A, 37mm dia) filter papers were preserved in desiccator for 24 hours. The filter papers were pre-weighed and recorded as initial weight on a data sheet. After completing of the air monitoring the filter paper was removed from the sampling cassette (cyclone filter-holder), transported to laboratory, stored in desiccator and its final weight was taken by analytical single pan digital balance. For a given volume of sample air collected, the amount of the particular matter was estimated by taking the difference in the weight of the filter paper before and after air sampling by gravimetric estimation. The results were expressed as micrograms of PM ₁₀ per cubic meter of air.
Sulphur dioxide (SO ₂)	When SO ₂ from the air stream is absorbed in sodium tetrachloromercurate solution taken in glass impinging bubbler. The stable dichlorosulphitomercurate complex formed was estimated by the color produced when p-rosaniline hydrochloride is added to the sample containing SO ₂ , which forms a purple p-rosaniline methyl sulfonic acid. The color developed was matched with the color comparison chart and the corresponding nearest matching value was noted.
Oxides of Nitrogen (NO _x)	Oxides of Nitrogen are absorbed in sodium hydroxide absorbing medium to form a stable solution of sodium nitrite. The diazonium salt formed on addition of sulphanilic acid is coupled with N- (1-naphthyl) ethylenediamine to form the colored azo dye. The color developed was compared with the color comparison chart to find the concentration levels.
Microbiological parameters (bacterial and fungi)	For sampling of air micro flora, the LVAS was used as suction pump to draw air in to the 1% peptone water as absorbing media. The serial dilution was performed up to 10 ⁻⁵ dilution. Pour plate technique was performed in two sets- one set for total bacterial count using nutrient agar and another set for total fungal count using Sabaraud's dextrose agar. Nutrient agar plates were incubated at 37°C for 24 to 48 hours and Sabaraud's dextrose agar plates were incubated at 37°C for more than 48 hours. After incubation total number of bacterial and fungal colonies were observed and counted in each plate with Colony Counter.

average period of eight hours during the day time. The sampling airflow rate maintained was 1.5 liters per minute (LPM).

The pollutants monitored and their sampling and analysis is briefly presented in the Table 1.

Results

The observed values of particulate matter noted according to the sampling sites of Bishnumati corridor is presented in Table 2. It can be noted that in Teku Dovan sampling site, maximal concentration of particulates has been observed (918.92 µg/m³, Table 2). This value is the average of two occasions sampling on two different days. Solid waste carrying attributes stench to the entire area evident with the observation here that a maximum level of sulfur dioxide (48.93 µg/m³) in the ambient environment of Teku Dovan area (Table 3). Shovabhagwati and Balaju air sampling sites of the corridor have been observed to be possessing substantial PM₁₀ levels

in the respective environments (847.45 µg/m³ at Shovabhagwati and 835.94 µg/m³ at Balaju, Table 2). The sulfur dioxide level was 40.93 µg/m³ (Table 3). The annual average prescribed level for SO₂ is 50 µg/m³. The heavy vehicular traffic is the main attributable reason at Balaju area for observing the maximum level of oxides of nitrogen (34.25 µg/m³, Table 3). In fact this level was the highest when compared to the levels of NO_x encountered in all other air sampling sites during the survey. The annual average level of NO_x prescribed is 40 µg/m³. Even the level of SO₂ noted at the Balaju is substantial 40.44 µg/m³, Table 3). The level of PM₁₀ noted in the air-sampling site at the New Bus Park was (537.63 µg/m³, Table 2). The sampler was stationed on the roof of guardhouse situated at the entrance of Bus Park. The road is covered with asphalt and the frequency of passage of vehicles observed was high. The oxides of nitrogen level been noted to be second highest (29.37 µg/m³, Table 3) when

compared with the other sampling sites included in the survey. The extent of stench was high here and the level of $41.62 \mu\text{g}/\text{m}^3$ of SO_2 (Table 3) air pollutant has been observed during the survey. The sampling was conducted by keeping the equipment on the (rooftop of public toilet and the collecting device was facing towards the bridge. Noteworthy finding at Kankeswori area was that of minimal level of particulate matter ($387.20 \mu\text{g}/\text{m}^3$, Table 3) largely attributable for the overnight rain, which had a washing effect on the particulate concentration in this area. However, it can be noted that when there was no rain in this particular sampling site, the PM_{10} concentration was maximal ($606.06 \mu\text{g}/\text{m}^3$ while particulate matter, Table 2) with $39.09 \mu\text{g}/\text{m}^3$ of SO_2 (Table 3). This substantiates that while rain has a positive effect in bringing down the particulate concentration, on the majority number of days when there is less or no rain the area is characterized by

high level of index air pollutants. Higher bacterial and fungal load was noted in this area; the microbial bacterial load of $3.7 \times 10^7 \text{ cfu}/\text{m}^3$ and fungal load of $4.8 \times 10^8 \text{ cfu}/\text{m}^3$ (Table 4) were observed.

Discussion and Conclusion

The national ambient air quality standards prescribe levels of PM_{10} for a monitoring duration of 24 hours. However, in the present study, since the sampling was done on an average period of 8 hours to have an idea of pollutant levels, the levels have been compared to the prescribed standards with a premise that most of the pollution exist during the day time. The major air pollutants when measured at the six different locations along the Bishnumati corridor and analyzed revealed that the PM_{10} is a major problem. The respiratory health and the daily particulate matter concentration are positively correlated (Pope, 1991).

Table 2: Levels of particulate matter (PM_{10} in $\mu\text{g}/\text{m}^3$) at different air sampling sites in Bishnumati corridor

Sampling site / Code	Sampling site	PM_{10} ($\mu\text{g}/\text{m}^3$)
BA01	Teku Dovan	918.92
BA02	Kalimati Bridge	430.10
BA03	Kankeswori	387.20
BA04	Shova Bhagwati (Indreni Temple)	847.45
BA05	Balaju	835.94
BA06	New Bus Park	537.63

Table 3: Levels of sulfur dioxide (SO_2 in $\mu\text{g}/\text{m}^3$) and oxides of nitrogen (NO_x in $\mu\text{g}/\text{m}^3$) at different air sampling sites in Bishnumati corridor

Sl. No.	Site	SO_2 ($\mu\text{g}/\text{m}^3$)	NO_x ($\mu\text{g}/\text{m}^3$)
1.	Teku Dovan	48.93	20.52
2.	Kalimati Bridge	41.62	17.62
3.	Kankeswori	23.51	15.17
4.	Shova Bhagwati (Indreni Temple)	40.93	17.36
5.	Balaju	40.44	34.25
6.	New Bus Park	34.68	29.37

Table 4: Variations of bacterial load and fungal load along Bishnumati corridor

Sl. No.	Site	Bacterial load (cfu/m^3)	Fungal load (cfu/m^3)
1.	Teku Dovan	5.9×10^6	3.1×10^7
2.	Kalimati Bridge	6.1×10^6	4.5×10^7
3.	Kankeswori	3.7×10^7	4.8×10^8
4.	Shova Bhagwati (Indreni Temple)	6×10^6	5×10^6
5.	Balaju	5×10^6	4×10^6
6.	New Bus Park	9×10^6	5×10^6

Concentrations of Particulate Matter however vary at different locations and seasonally (Murthy, 2004). Other gaseous pollutants are SO_2 and NO_x . Similarly, bacterial loads and fungal loads were also measured in six different sampling sites. Bacterial load and fungal load vary according to the nature of location and season. Concentrations of air micro flora also vary at different locations depending on the sanitations and waste management of the area. At present, Teku Dovan area is actually a landfill site under Kathmandu Metropolitan City Office for solid wastes and the area is characterized by road with out asphalt. There are two venial roads in the area (Bishnumati Link Road and Bagmati Link Road). The bridge near the Dovan is partially damaged. The particulate concentration in the atmosphere around the bridge has been observed to be substantial. Another characteristic feature observed in this area was that the nature of vehicles traversing in the available two link roads was heavy trucks carrying solid waste collected from different parts of city areas. A similar finding has been reported in the city of Bangalore where the main cause of particulate pollution has been attributed to surge in vehicular traffic (Murthy *et al.*, 1987). Actual sampling site at Shovabhadragawati was on a rooftop of a shop near the road in the vicinity of Indreni Temple. The sampling site was on a junction of two roads, one coming from Vjeswori area and the Bishnumati Link Road. The three temples of the area are quite famous of Kathmandu valley and are frequented by devotees and visitors. During the air sampling for particulates in this area, the cremation by burning the bodies was observed. In fact this is a common religious practice carried out in this area. As regards to the nature of Balaju air sampling site, it is relevant to mention that the area is characterized by many variety of vehicles moving across the road and the area is one of the busiest in Kathmandu city. Besides possessing many industries, Balaju Industrial District is a known source of pollution in the area. Actual air monitoring equipment was stationed about 25 ft above the ground level facing the road. The Kalimati area, although is one of the busiest urban center of Kathmandu city, has asphalted road linkages. Vehicular traffic is considerable and open sewerage was the characteristic polluting source of the area. The Kankeswori air-sampling site of Bishnumati corridor was unique in the sense that the area was characterized by the number of animal slaughterhouses situated on the bank of Bishnumati River. The entire area had dumps of

animal carcasses, animal wastes resulting in offensive smell emanating from putrefaction of biological materials. The air sampling monitoring equipment was stationed on the roof of public toilet. An attempt to quantify the ambient air bacterial and fungal concentrations in all the air sampling sites in Bishnumati corridor is presented in Table 4. The main intention of quantification of microbial flora was driven by the fact that an extensive area of the corridor was used for disposing the solid wastes along the course of Bishnumati River. The solid waste was a complex mixture of the entire range of waste materials from simple paper wastes to complex medical wastes. Besides these facts, one of the areas named Kankeswori area (BA03) was characteristic in having animal slaughterhouses. Animal hide and skin-along with the organic wastes material, tissues and other related biological refuse were being just thrown in open space and was getting mixed with the solid waste complex collected by Municipality and finally land filled in the area. This practice along with the humidity and pressure appear to enhance the rate of putrefaction. Obviously, there was perceivable and consistent stench prevalent in the vast areas of Kankeswori site. A similar study, oriented towards the density of traffic and the density of microbial flora in the ambient environment is reported (Ghimire, 2003). It can be observed in the present study that the bacterial load among the air sampling sites monitored in the corridor ranges between 5×10^6 cfu/m³ and 3.7×10^7 cfu/m³ noted at Balaju and Kankeswori sampling sites respectively. It can be inferred that in almost all the sampling sites, the bacterial load delineated is homogenous (10^6 cfu/m³) and in Kankeswori, however, the bacterial concentration observed was maximal. The study by Ghimire *et al.*, 2003, presents the bacterial load in air samples observed in few rural areas such as Nagarkot and Baluwa as 4.13×10^4 cfu/m³ and 5.2×10^4 cfu/m³ respectively. These values could be considered as reference values since both of these areas are rather free from pollution. When compared to these reference values, the variation of the bacterial load in Bishnumati corridor was conclusively higher. The variations observed in the fungal load suggest again the similar trend. A minimal air-fungal concentration was noted at Balaju (4×10^6 cfu/m³) and maximum fungal load was observed in the Kankeswori area (4.8×10^8 cfu/m³). This suggests that organic content in the solid wastes is a principal source for microorganisms and fungi in ambient air.

Suggestions: on the basis of findings of the study, the suggestions are made: the local inhabitants, shopkeepers, pedestrians including the school children are at the health risk from ambient dust. Asphalted of the unpaved roads largely prevent re-suspension of particulates and will reduce the ambient particulate concentration. The areas with unmanaged waste dumping, unhygienic slaughter houses have high chances of air-borne diseases and hence public sanitation and hygiene measures of these areas must be addressed to save from potential air-borne epidemics.

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