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*

()
Intensity=1W/Cm2, Duty factor=20%
() () (Fr=3MHZ,
() ()
Silicon gel
011-0-0027 Sonostat 833
Visual Analogue Scale
Mann-Whitney U-test Wilcoxon
() ()
(P< /) Sham
(P< /) Sham

(.) " " (Plantar fasciitis)

tightness

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. ()

()

AP & Lateral X-Ray

. ()

. ()

B A

B A

Stretching

()

(

)

)

A

. ()

Intensity = 1W/Cm2 , Duty factor = 20%

)

B

(Fr=3MHZ

(

011-0-0027

Sonostat 833

A

B

Visual Analogue Scale

FPI-6

Foot posture

Visual Analogue Scale

Wilcoxon

/

BMI Mann-Whitney U-test

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() ()

(Sham) ()

(/) (% /)

() % /

% /

BMI										
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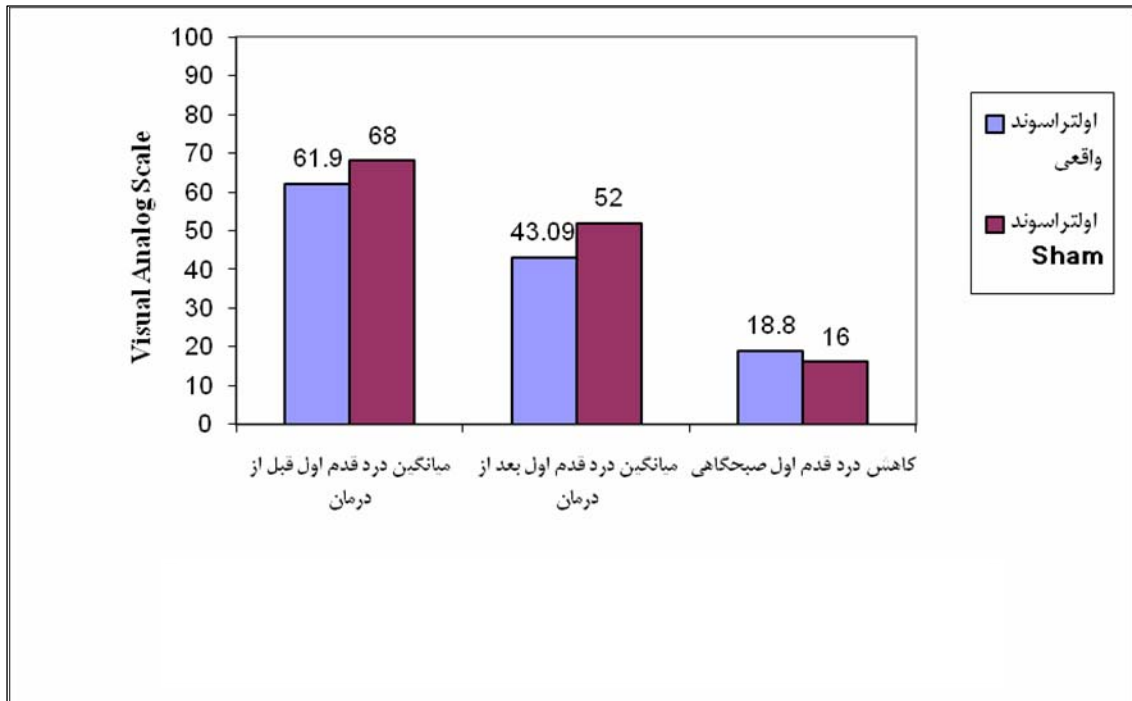
Mann-Whitney U

Mann-Whitney U

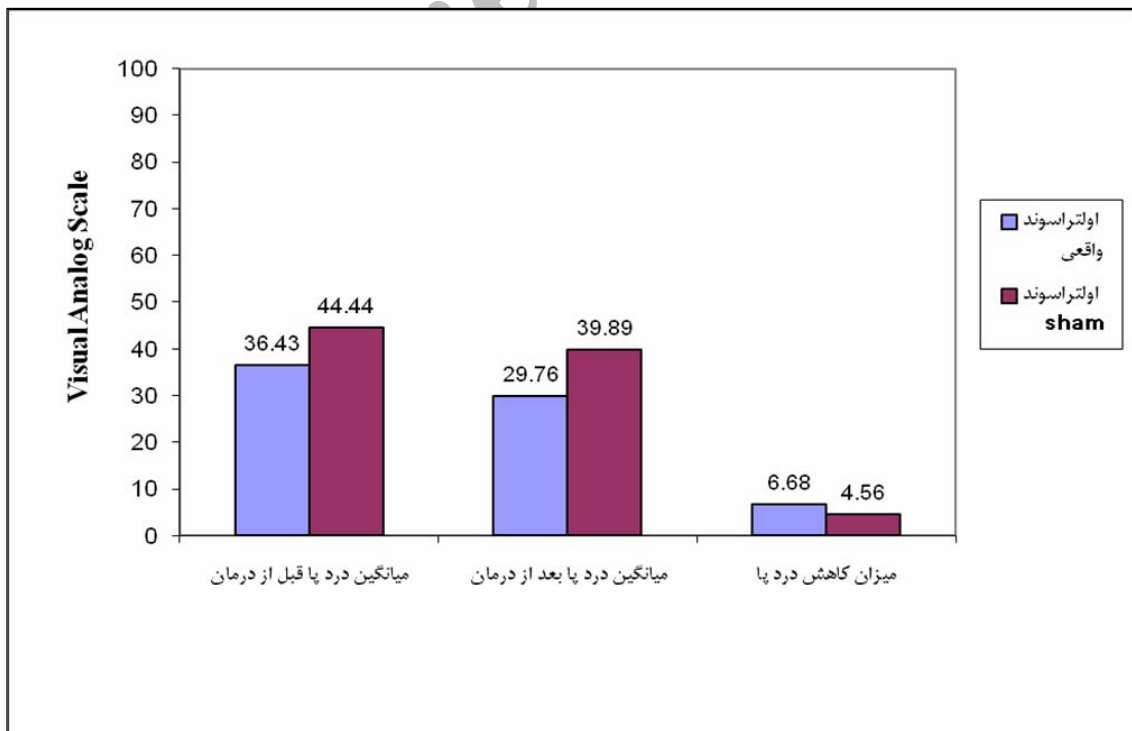
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(P< /)

(P< /)



visual analog scale Sham



visual analog scale sham

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, Intensity = 1W/Cm2 , Duty factor=20%
Fr =3MHZ

Double blind RCT

() Snaith Crawford
Intensity=0.5W/Cm²

(P= /)

1W/Cm²

()

(

Quantitative FHSQ

Extracorporeal shock wave therapy (ESWT)

1.5 - 2 w/cm2

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