

()

تأثیر تمرین های تقویتی بر قدرت عضلات اندام تحتانی مبتلا و توانایی
جابجایی در بیماران همی پارزی مزمن ناشی از سکته مغزی

/ ± /

(Dynamic Gait Index) DGI

	t	t	
/ ± /	/ ± /	/ ± /	:
(p < /) (/)	(/)	(p < /)	/ ± /
(p = /) %	(p = /) % /	(p = /) %	:
(p = /) % /			
/ / :	- / / :	- / / :	

.()

.()

()

.()

.()

.()

.()

.()

.()

.()

(r = / /)

.()

.()

.()

.()

()

Archive of SID

DGI

()

Archive of SID

)

(

()

()

()

()

Gait) GLS

DGI

(on level surface

()

DGI

$$\begin{matrix} / \pm \\ / \pm / \end{matrix}$$

()

($p < /$)

($p < /$)

(one repetition maximum) RM

()

$$\begin{matrix} (p = /) \pm / \pm / \\ (p = /) / \pm / / \pm / \\ (/) \\ (p = /) \end{matrix}$$

(/)

SPSS9

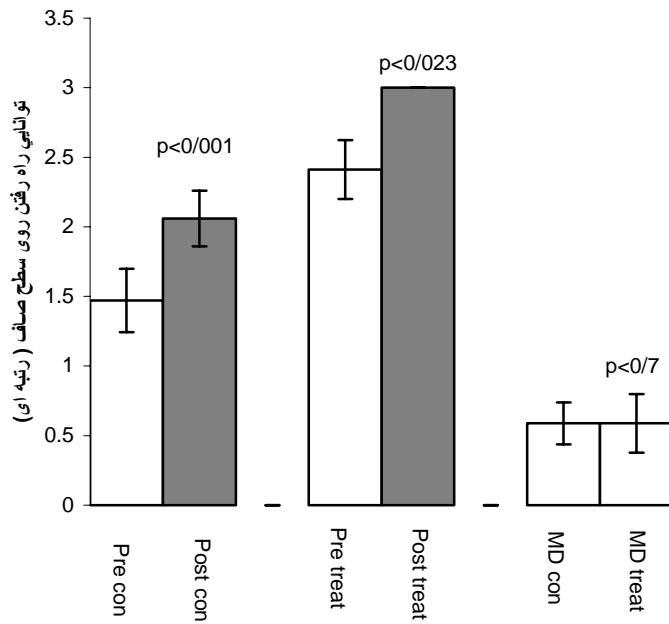
$$\begin{matrix} (/) \\ (p = /) / \pm / / \pm / \\ / \pm / \\ (p = /) / \pm / \end{matrix} \quad \begin{matrix} t \\ t \end{matrix}$$

(/) (/)
(/) (p = /)

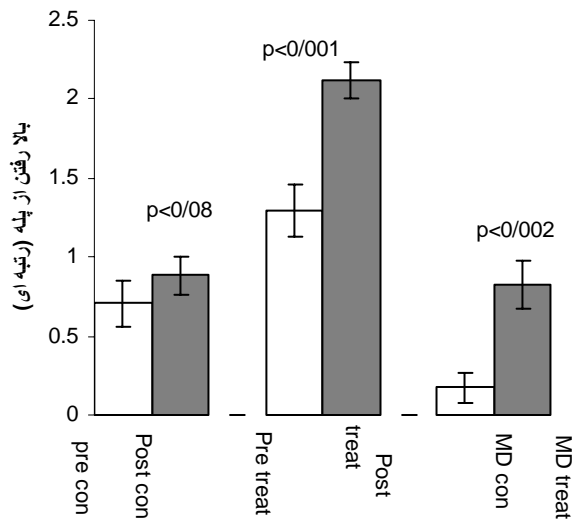
% (α)

/)

$$\begin{matrix} (r = / \\ (p = / /) \\ / \pm / \\ / \pm / \end{matrix}$$



(
 Post con , Pre con . ±
 MD treat , MD con , Post treat , Pre treat



(
 Post con , Pre con . ±
 MD treat , MD con , Post treat , Pre treat

P*		P*		P*		P*		P*	
/	/	/	/	/ ± /	/ ±	/	/ ± /	± /	()
/	/	/	/	/ ± /	/ ± /	/	/ ± /	/ ± /	()
/	/	/	/	± /	/ ± /	/	/ ± /	/ ± /	()
/	/	/	/	/ ± /	/ ± /	/	/ ± /	/ ± /	()
/	/	/	/	/ ± /	/ ± /	/	/ ± /	/ ± /	()
/	/	/	/	/ ± /	± /	/	/ ± /	/ ± /	()
/	/	/	/	/ ± /	/ ± /	/	± /	/ ± /	()

p < / *

$$(r = / /)$$

$$(p = / /)$$

()

()

()

Stance

()

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()

()

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()

(Push off)

Swing

()

()

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%

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Archive of SID

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