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رابطه خودکشی با ویژگی‌های شخصیتی و رویدادهای زندگی

Relationship of suicide with personality characteristics and life events

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چکیده

مقدمه: این مطالعه با هدف شناسایی عوامل شخصیتی و رویدادهای پیش‌بینی‌کننده اقدام به خودکشی انجام شد.

روش: این مطالعه توصیفی- همبستگی روی مجموعا ۱۴۸ نفر انجام شد که شامل ۷۴ مرد و زن اقدام‌کرده به خودکشی و ۷۴ مرد و زن همتا و اقدام‌نکرده بودند. برای جمع‌آوری اطلاعات از پرسش‌نامه شخصیتی چندمحوری *میلون۲* و چک‌لیست رویدادهای منفی زندگی استفاده شد.

یافته‌ها: از بین الگوهای ناسازگار شخصیتی، اختلالات شخصیتی مرزی، ضداجتماعی، خودشیفته، منفعل و آزارگر، اضطرابی و افسرده در میان افراد اقدام‌کرده بیش از گروه اقدام‌نکرده مشاهده شد. در ضمن اقدام‌کردگان تجارب منفی بیشتری را در زندگی تجربه کرده بودند.

نتیجه‌گیری: از بین اختلالات روانی، اختلالات شخصیتی اضطرابی، خودشیفته و ضداجتماعی و از بین رخدادهای منفی زندگی، درگیری شدید با خانواده و سرزنش و تحقیر، دارای بیشترین توان پیش‌بینی اقدام به خودکشی هستند.

کلیدواژه‌ها: ویژگی‌های شخصیتی، رویدادهای منفی، اقدام به خودکشی

Abstract

Introduction: Current study conducted to identify personality characteristics and negative events as prediction factors of suicide attempting.

Method: This descriptive-correlating study performed on totally 148 people included 74 male and female suicide attempters and 74 male and female non-attempters that matched with attempters. Used Instruments for collecting data were Millon Multi-axial personality inventory-II (MCMI-II) and researcher-made negative life events checklist.

Results: Maladjustment personality patterns such as borderline, antisocial, narcistic, passive-aggressive, anxiety and depressive disorders were more prevalent among suicide attempters than non-attempters. Also, suicide attempters experienced negative events more than non-attempters.

Conclusion: Among psychological disorders, anxious, narcistic and antisocial and among negative life events, sever conflict with family and blame experience have the highest power to predict suicide attempt.

Keywords: Personality Characteristics, Negative Life Events, Suicide Attempting

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(Millon Clinical Multiaxial Inventory-II)

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