

## رابطه بین افکار خودکشی و صفات شخصیتی در افراد معتاد

### Relationship between suicidal ideation and personality in substance abusers

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Ashouri A. MSc, Habibi Asgarabad M. MSc<sup>✉</sup>,  
Torkman Malayeri M. MSc, Javan Esmali A. BSc

احمد عاشوری<sup>۱</sup>، مجتبی حبیبی عسگرآباد<sup>۲</sup>،  
مهدی ترکمن ملایری<sup>۳</sup>، علی جوان اسمعی<sup>۳</sup>

#### Abstract

**Introduction:** The main purpose of this study was to investigate the relationship between suicidal ideations and personality traits in substance abusers.

**Method:** 80 substance abusers were selected by random cluster sampling and were assessed with revised version of Neo-Five Factor Inventory (NEO-FFI-R) suicidal ideations questionnaire. Data analysis ran by product-moment Pearson correlation matrix and linear regression.

**Results:** There was a positive meaningful relationship between neuroticism with guilt feeling and self-destruction and a negative meaningful relationship between conscientiousness with guilt feeling, self-destruction, isolation and depression. Extraversion had a negative relationship with isolation, inertia, hopelessness and inferiority openness had a negative relationship with hopelessness and inferiority, too. Furthermore, there was a negative significance relationship between extraversion and conscientiousness with total score of suicidal ideations.

**Conclusion:** According to risk of suicide ideation and high rate of the suicide attempt in addicts, especially after relapse identification of risk factors and pre-determinants index to investigating suicide ideation in addicts cause to reduce the risk of suicide attempt in them.

**Keywords:** Suicidal Ideation, Personality Trait, Substance Abuser

#### چکیده

**مقدمه:** پژوهش حاضر به منظور بررسی رابطه بین افکار خودکشی و صفات شخصیتی در افراد معتاد وابسته به مواد افیونی انجام شد.

**روش:** ۸۰ آزمودنی در این پژوهش شرکت داشتند که به صورت تصادفی خوشه‌ای از بین معتادان خودمعرّف مراجعه‌کننده به مراکز ترک اعتیاد شیراز انتخاب شدند و به پرسش‌نامه‌های افکار خودکشی و شخصیتی نئو-پاسخ دادند. داده‌های پژوهش حاضر با استفاده از ضریب همبستگی پیرسون و رگرسیون خطی گام‌به‌گام تجزیه و تحلیل شدند.

**یافته‌ها:** در معتادان، ویژگی‌های شخصیتی "روان‌نژندگرای" و "باوجدان بودن" به ترتیب دارای رابطه مثبت و منفی با احساس گناه و خودتخریبی بودند. ویژگی‌های شخصیتی "برون‌گرایی" و "باز بودن در برابر تجارب" در معتادان با ناامیدی و احساس حقارت رابطه منفی داشتند. علاوه بر این، ویژگی‌های شخصیتی "برون‌گرایی" و "باوجدان بودن" نیز با نمره کل افکار خودکشی‌گرا رابطه منفی داشتند.

**نتیجه‌گیری:** با توجه به خطرآفرین بودن افکار خودکشی و بالا بودن میزان اقدام به خودکشی در بین معتادان، به خصوص بعد از عودهای مکرر، شناسایی عوامل خطرآفرین و پیش‌بایست‌های شاخص شناسایی این افکار، میزان خطر را کاهش می‌دهد.

**کلیدواژه‌ها:** افکار خودکشی‌گرا، ویژگی‌های شخصیتی، معتاد

✉ **Corresponding Author:** Psychology Department, Faculty of Psychology and Educational Sciences, Tehran University, Tehran, Iran  
Email: babakhabibius@yahoo.com

<sup>۱</sup> گروه روان‌شناسی، دانشکده روان‌شناسی و علوم تربیتی، دانشگاه تهران، تهران، ایران  
<sup>۲</sup> گروه روان‌شناسی بالینی، انستیتو روان‌پزشکی تهران، دانشگاه علوم پزشکی ایران، تهران، ایران  
<sup>۳</sup> اداره کل آموزش و پرورش استان فارس، شیراز، ایران  
<sup>۳</sup> دانشگاه پیام نور، ارومیه، ایران

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