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The influence of eating the meat of fish in warm and salty sea water, on strengthen of fruitful of men from old primitive medicine viewpoint

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Basically, the fish meat has a cold physical constitution in old primitive medicine. But it is proved that the fish of warm and slat waters decreases its coldness. In this research, the effect of consumption of salty fish, on increasing of spermatogram, in men of ages of 35-40, who were oligosperm was investigated. As a result, the amount of active sperms and in the quantity of sperm movement in men who consumed that meat fish, 2 time in week, increased significantly (P<0.01). Probably the existence of vitamins of "B" group, and salt of "selenium" in the meat of fish in salty and warm sea can cause to support of spermatogenesis.

Keywords: spermatogram, salty warm sea fish, primitive medical, oligospermia.





























