

Social Network is an Effective Tool for MS patient Education and Support

zeinab halim ^{1*}, Roxana Sharifian ²

1-MS Student of Medical Informatics, Shiraz University of Medical Sciences, Shiraz, Iran

2-Associate Professor of Health Information Management, Shiraz University of Medical Sciences, Shiraz, Iran

Introduction: Social networking has become one of the most popular ways to connect online. But although public social networks may offer an exciting opportunity for connections, they can also carry risks to personal privacy and medical history – particularly for people living with a chronic health condition like MS. That’s why people living with MS need to created a social networking website and online community

Material and Methods: Our methodology is based on a survey of articles and World Wide Web. We have survey several existing social networks designed around healthcare - including specific diseases and conditions-.By analyzing the structure, content and function of these systems, determine the steps should be taken to implement such application in MS field in Iran.

Result: Patient-focused networks, often built around a particular condition or disease, give individuals and their families supportive communities where they receive comfort, insights, and potential leads on new treatments. primary MS-social network functions are classified into several general categories

- Choose level of privacy : Members choose their preferred level of content-sharing privacy.
- Connect with other community members based on symptoms, treatment, geography, interests and more.
- Search for and contribute to discussions . Provide and receive support, information, and advice related to the topics that shape your world.
- Join groups Groups may focus on support, advocacy, education, or be more social in nature.
- Read the MS Connection blog to learn from people living with MS, those who care about them and MS experts on a wide range of topics.
- Buy items: they will have an easy shopping experience from a large variety of products

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Conclusion : Social network is inherently bidirectional, interactive, and patient-driven. Social networks aren't replacing doctor visits or in-person support groups, but some research suggests they may reduce unnecessary physician appointments.

Key words: social network , MS , quality of life , Multiple Sclerosis