



Oral Presentation



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Investigating the psycho-social aspects of infertility in men (a review study)

Hossein Amani^{1*}, Hosein Sheybani², Masoumeh Asadi³

Studies indicate that 15% of couples suffer from infertility problems. The studies also show that 6% of men between the age of 15-44 suffer from infertility. According to researches, infertility in men might be due to medical, psycho or social factors (Varicocele, testicular failures, stress, lifestyle, identity challenges). Although the psychological-social aspects of infertility and fertility through technology have been studied more or less in women, the psycho-social consequences and effects of infertility in men have been rarely studied. The present research was conducted in order to study the psycho-social aspects of infertility in men. The research method was based on searching for keywords in scientific and specialized databases over a 10-year period between 2004 to 2014. The results of this article studied gender reactions to infertility and ART, consequences of infertility on espouse, and sexual performance. Then, we sought to study the anthropological theories of fertility in men, influences of infertility on men in different countries, men's experience in treating infertility, psychological reactions to diagnosing infertility in men and the long-term psychological aspects of infertility in men. In majority of cases, men experience anxiety, stress and psychological pressures of infertility as much as women do. However, men suffer more than women in social and occupational aspects. The taboo of infertility in men is much more infamous than women's infertility and when infertility is diagnosed to be originated from the male partner, men will experience higher levels of stress than women. Finally, the challenges of identity between manhood and becoming father among infertile men are more severe than women.

Keywords : infertility, infertility in men, Psychological consequences of infertility in men, Social consequences of infertility in men

*¹. Corresponding author: M.A. in educational technology, Department of Educational Technology, South Tehran Branch, Islamic Azad University, Tehran, Iran, hosseinamani@ut.ac.ir

². instructor and faculty member in payam noor university, zip code: 19395-3697,tehran,iran

³. M.A. in educational technology, South Tehran Branch, Islamic Azad University, Tehran, Iran