

Considerations Interview Medical History Taking and Processing Assessment Mental Health in dealing with the elderly

Ali Sadrollahi

MSc Geriatric Nursing, Disaster and emergency medical service Management Center Golestan, Department of clinical Affairs Golestan University of Medical Sciences Gorgan, Iran, E-mail: ali.sadrollahi@yahoo.com.

Background: Interview and medical history taking is first part of the Assess health status of elderly. Approach and ask questions and to be communicate is extensive variations according to personal social, psychological and physical characteristics of the elderly. The objective of study was Considerations Interview Medical History Taking and Processing Assessment Mental Health in dealing with the elderly.

Materials and Methods: This was a review study. Data was collected using keywords Aging, Medical history, Interview, Assessment, Mental health studying paper, magazines, banks' information search engine Google and PubMed, Elsevier, SID and Google scholar.

Result: The results studies showed scattered data of the assessment health elderly and points in the interview and medical history taking of the population aging that should be consideration. Majority studies mentioned consider the physical and emotional state at time of interview medical history elderly person. Such that interview medical history take initially from elderly and the secondary aging of people close it. Interview and survey mental health elderly is different with age groups accord to Physical, mental, social, and cultural Characteristics of elderly although the same principles that follow for adults. Most problems are physical and mental disabilities in older people. Physical disability change time, place, and manner information in elderly patient. While the mental problems influence to internal consistency and reliability information obtained from the patient elderly. What outcome studies showed Interviews with the elderly requires communication skills and a broad understanding of the issues related to the physiological changes of aging. In addition is mostly important considering place, time and manner of obtaining interviews to obtain a medical history taking and survey health of elderly. In some studies point out the location interview than other age groups have physical features that suit the characteristics of old age provided. Time conducting surveys should be short, given the health problems of the elderly. Independence and ability are the most important issue that should be considering in elderly. In an interview is importance in survey abilities, disabilities, and elderly facilities in identifying and providing a more coherent program.

Conclusion: Assessment and medical history taking, of older adults will follow the same principles interview in other age grope. But Under the influence physical, psychological, social and cognitive problems of elderly is completely different beginning of the interview, so assessment, matters considered and the procedure.

Keywords: Aging, Medical history, Interview, Assessment, Mental health

