

## The Drowning new

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**Background** :Drowning is one of the incidents in the country annually irreparable effects on their life, especially in northern areas of the country. The aim of this study was to cope better and more effective response by emergency technicians is to reduce the death toll.

**Materials and ways**: Since the beginning of the end of December 94 786 people have lost their lives due to drowning 112 of them are women. In the first 9 months of 94, according to data available with the 115 provinces of Mazandaran, Gilan province and 111 feet with 92 drownings had the highest number of casualties. It should be noted that most of these deaths are related to the sea.

**Findings**: Medicine could save the lives of the injured person. 2 breaths, if you need a little breathing airway Shvd3- given include cervical spine care. This new approach to a style that was common in the world until 1384, is much more effective.

**Result**: Professional principles in the process of recovering from the medical emergency technicians, '94 enjoyed in the past 10 years had the lowest mortality rate.

**Keywords**: Drowning-out of breath, heart-resuscitation

