



A review of studies on the role of acupuncture in the treatment of infertility

Author: E. Babaie , Midwifery , Islamic Azad University of karaj

Introduction: Acupuncture and other Chinese methods (East Asian medicine) to treat women's health have been used for centuries . Ultra-thin sterile acupuncture needles at specific points on the body that are located in channels or meridians . These pathways in both the exterior and interior body. When the needle hit points , they can not control the way the body functions . Acupuncture is often accompanied by herbal remedy for centuries to treat some of the causes of infertility is used

Methods: In this article survey on studies in the field of electronic searching in the English language during the years 2014 to 2015 were discussed.

The results : In a study by Chui et al in 2014 , twenty-one patients who completed treatment with acupuncture were studied . Eight patients were treated with acupuncture alone , while the remaining 13 acupuncture treatments along with CM (Chinese medicine) were received . During a two-year period , 14 women were able to conceive a child (66.7 %) and 7 patients with a complete course of treatment still not pregnant . None of the 21 cases of adverse reactions did not report (1)

Chen and his colleagues in 2015 in a review of 12 studies involving 2177 patients with or without Chinese medicine acupuncture treatments in Rnabarvry concluded that acupuncture , with or without supplementation CM, can be an effective option for treating infertility (2)

Cochrane reviews and colleagues used 204 casees needles in women's health and that acupuncture as menstrual hygiene female reproductive system performance improvements by mechanisms that are still not clear , impact (3)

Discussion and conclusion: To use acupuncture to treat infertility is still a need for extensive research and high quality , so that this method was successfully used in the treatment of infertility .

keywords: Acupuncture , infertility , Chinese Medicine