



## life quality in women suffering from polycystic ovarian syndrome (PCOS) : Review of studies

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### Introduction

Polycystic ovarian syndrome (PCOS), a common endocrinopathic disorder in females, is diagnosed with various clinical symptoms such as amenorrhea, anovulation, obesity and diabetes. Obviously, symptoms and effects of this disease can change and lesson life's quality level in the sufferers.

This research aims to study life quality in women suffering from PCOS.

Materials and Methods:

PubMed, Science Direct, Sid, Iranmedex, Medlib and Google scholar were searched for studies published between 2005 and 2016. "life", "quality", "women", "pco", in combination with "Polycystic Ovary Syndrome" were used as search terms. Clinical trials with high quality and review articles were collected.

### Findings

Different researches are representing this fact that life's quality level in women with PCOS is lower than the healthy ones and even compared to the ones suffering from other kinds of gynecic diseases and disorders.

Polycystic syndrome can remarkably decrease life's quality and sexual activity, leading to psychological disorders in women. As you know, living qualitative harm comes along with public health damage, energy decline and psychological disorderly conditions.

This disease affects a female's fruitfulness trait and causes sterility or fertility lateness, leading to stress, depression and emotional problems.

### Results

Up to now, various studies have been carried out about life's quality of women suffering from polycystic ovarian syndrome but the importance of parameters affecting life quality and also women's perception about disorders and symptoms of this syndrome verify the necessity of doing more researchers in this field.