



Efficiency of phytochemicals, juice, peel and oil of pomegranate in the treatment and prohibition of *Urethral cancer*

Sayed Alireza Mirsane*¹, Shima Shafagh², Neda Mirbagher³, Sayed Mojtaba Mirsane⁴, Nasrin Oraei⁴

1. Student of Surgical Technology, School of Nursing and Midwifery, Kashan University of Medical Science, I. R. Iran

2. General Surgery Specialist, Medical School, Kashan University of Medical Science, Kashan, I. R. IRAN

3. Department of Surgical Technology, School of Nursing and Midwifery, Kashan University of Medical Sciences, Kashan, I. R. Iran

4. Teacher of education office of khansar town, Esfahan, I. R. Iran

PURPOSE and INTRODUCTION: *Urethral cancer* is a rare disease where the cells of the urethra become malignant and that is very dangerous. Treatment by fruits is a very popular way and a very good intervention. Our aim from the present study was the efficiency evaluation of pomegranate in the treatment and prohibition of *Urethral cancer*

METHODS: We did a systematic review of 23 studies identified by searching PubMed, Ovid, Elsevier and ProQuest. Studies were about the efficiency of phytochemicals, juice, peel and oil of pomegranate in the treatment and prohibition of *Urethral cancer*

RESULTS: Studies showed that phytochemicals of pomegranate can inhibit tumoral cell proliferation and apoptosis through the modulation of cellular transcription factors and signaling proteins in *Urethral cancer*, as well as, results suggested that pomegranate juice, peel and oil have a lot of anticancer activities, including inhibition in tumoral cell multiplication, tumoral cell cycle, invasion and angiogenesis in *Urethral cancer*. Analysis was based on the key role of pomegranate in anti-inflammatory effects, why so pomegranate is an inhibitor of inflammation and a suppressor of tumor creation in *Urethral cancer*

CONCLUSION: Due to this review: Phytochemicals of pomegranate and use of pomegranate juice, peel and oil can inhibit tumoral cell proliferation, tumoral cell cycle, invasion of tumoral cells, inflammation and angiogenesis in *Urethral cancer* because these have a lot of important efficiency in inhibition of tumoral cell activities. Also, phytochemicals of pomegranate can debar apoptosis through the modulation of cellular transcription factors and signaling proteins in *Urethral cancer*. The phytochemistry acts of all pomegranate components suggest a wide range of clinical applications for the treatment and prohibition of *Urethral cancer*, as well as other illnesses where inflammation is believed to play a necessary etiologic role.